The Help Group...because every child deserves a great future

WINTER 2013

THE HELP GROUP TO SERVE MORE CHILDREN WITH AUTISM AT ITS CULVER CITY CAMPUS



Help Group Children's Choir

n Thursday October 11, 2012 The Help Group hosted a festive and spirited groundbreaking to celebrate the commencement of construction of a state-of-the-art education facility for students with autism.

On this special occasion, The Help Group recognized the Culver City Council - Mayor Andrew Weissman, Vice Mayor Jeffrey Cooper and Councilmembers Jim B. Clarke, Micheál O'Leary and Meghan Sahli-Wells, for their leadership and unanimous support of this expansion.

"We take great pride in being part of the vibrant Culver City community that is home to this campus," Dr. Barbara Firestone, President & CEO of The Help Group, said as she welcomed guests. "The Help Group

continued on page 10



Autism Education Building Rendering

ANNUAL TEDDY BEAR TEA TO FEATURE GUEST SPEAKER ANGELLA NAZARIAN

he Help Group is pleased to announce that noted speaker and best-selling author Angella Nazarian will be featured at this year's Teddy Bear Tea: An Affair of the Heart, which will be held on February 21st. This philanthropic event is once again being hosted by Jodi Tenenbaum. Therese Gamba and Teri Simpson will serve as co-hosts.



Angella Nazarian

There will be a reception, silent auction and boutique, followed by a luncheon and tea at noon in the Marquesa Ballroom of the Montage Beverly Hills.

Ms. Nazarian is the author of *Pioneers of the Possible: Celebrating Visionary Women of the World* and *Life as a Visitor*. She is the co-founder of Women A.R.E., a women's leadership organization founded to empower women through forums that inspire, engage and promote collaboration.

Ms. Nazarian is also the co-founder of Looking Beyond, a charitable organization that promotes awareness and creates advancement and enrichment for children with special needs. Additionally, she serves on the Board of the Y&S Nazarian Family Foundation and is involved in a host of local charities.

A former professor of psychology, Ms. Nazarian continues an active role in education, serving as a trustee at Brentwood School and on the Parent Advisory Board at Stanford University. She is a regular contributor to

continued on page 3







Dr. Barbara Firestone, Help Group Pres. & CEO, Mel Elias, The Coffee Bean CEO & Pres., Managers & our Students Kick Off the "Deck the Walls" Program

related story on page 6

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A MESSAGE TO OUR FRIENDS

Dear Friends,

We're delighted to share with you this new edition of HelpLine. So much has happened leading up to 2013 with much more ahead this year. Our heartfelt thanks to all of you for your commitment to the children. Your support of our efforts has helped us to expand our programs, launch new programs and break ground on a new state-of-the-art autism education center on our Culver City Campus. Most importantly, all this news signals brighter futures for many more children and their families.

We are immensely grateful to consider you part of our Help Group family.

Gary H. Carmona ~ Dr. Barbara Firestone

CONTENTS

Culver City Groundbreaking Cover
Upcoming Teddy Bear Tea 2013 Cover
Harry Winston Hope Collection $^{\text{TM}}$ to Benefit The Help Group3
Silverlining Celebrates Another Successful Year
Bridgeport Vocational Student Interns for Sen. Alex Padillla
Keyes for Kids Teddy Bear Golf Classic
The Coffee Bean & Tea Leaf® "Decks the Walls"6
Holiday Carnival Lights Up the Season6
Teddy Bear Tea 20127
Advance LA's 2nd Annual Conference: Innovate
Live. Advance. LA. Transitional Living Program9
The Help Group Launches its New Paws and Pals Program12
Introducing North Hills Prep and Parkhill School
The Help Group Summit 201214
Summit View School's First College Fair
The Help Group's Volunteer Program15
Kids Like Me Classes Promote Social Skills Development

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TEDDY BEAR TEA TO FEATURE GUEST SPEAKER ANGELLA NAZARIAN ~ Continued from Cover

TEA CHAIR



Jodi Tenenbaum

TEA CO-CHAIRS





Teri Simpson Therese Gamba

Huffington Post, Positively Positive, Maria Shriver's "Open Field Network," and More.com.

In her newest book Pioneers of the Possible, Ms. Nazarian honors the world's most inspiring women of the past century through today. This beautiful collection shines a light on their collective fearless spirit and encourages today's women toward greater, deeper lives.

There will be an opportunity to purchase Ms. Nazarian's book at the conclusion of the Tea, and she has graciously agreed to a book signing for our guests.

For more information about the Teddy Bear Tea, please contact Julie Hirschberg at 818.779.5282 or jhirschberg@thehelpgroup.org

HARRY WINSTON HOPE COLLECTION™ BRACELET TO BENEFIT THE HELP GROUP

£86688888888888

HARRY WINSTON Brilliant Futures

he Help Group is honored to have been selected by Harry Winston, Inc., the American fine diamond jeweler and watchmaker, as a beneficiary of the Harry Winston Hope Collection™ bracelet. The bracelet is part of a new philanthropic initiative Harry Winston has developed to support seven leading charitable organizations in its Salon communities in the United States.

Harry Winston is donating 100% of the retail sales price of the limited edition Harry Winston Hope Collection™ bracelet sold in the Beverly Hills Salon to The Help Group. The support received from Harry Winston will be used to establish The Harry Winston Media Studio at The Help Group's Sherman Oaks Campus, equipped with state-of-the-art technology to enable students with autism spectrum disorders to interact, explore and experiment with formal

projects and topics using multi-media.

The Harry Winston Hope Collection™ bracelet was unveiled at a cocktail reception at the Beverly Hills Salon on November 13, 2012. The reception was hosted by Help Group Circle of Friends philanthropic board member Anne Sweeney, Co-Chair of Disney Media Networks and President of Disney-ABC. It was a

wonderful gathering of friends and supporters in a beautiful setting for the benefit the children of The Help Group.

During her remarks that evening, Dr. Barbara Firestone said, "Harry Winston's philanthropic leadership is as brilliant as its diamonds. The Harry Winston Hope Collection™ bracelet truly represents hope and opportunity for our children."











^{1.} Dr. Barbara Firestone, Anne Sweeney, Randy Soto, Harry Winston Vice President of Retail 2. Nadine Schiff Rosen & Maria Shriver 3. Lisa Paulsen, Ellen Ziffren 4. Jodi & Howard Tenenbaum 5. Philip Miller, Rochelle & Gary H. Carmona 6. Susan Moseley, Harry Winston Director of Strategic Partnerships, Randy Soto 7. Chris McGurk, Dick Costello, Jamie McGurk, Ann Costello 8. Joy Monkarsh 9. Dr. Susan Berman 10. Ken Solomon

SILVERLINING CELEBRATES ANOTHER SUCCESSFUL YEAR

he Help Group's Silverlining Designer Resale Boutique & Vocational Training Center, has settled into its new expanded storefront location on Washington Boulevard in Culver City. Since its grand opening in 2011, Silverlining has provided Help Group students the opportunity to develop valuable work experience and job skills that contribute to their knowledge, self-confidence, employability and future independence.

Silverlining has experienced another incredibly successful year thanks to the ongoing support of the many generous individuals, designers, companies, retail stores and studios who have donated high-quality merchandise to the store. Silverlining offers a wide selection of new, vintage and gently used fashionable and designer clothing, shoes and accessories for men, women and children. The sale of these items benefits The Help Group's vocational programs. The Help Group looks forward to the ongoing expansion of its vocational training programs to provide even more opportunities for its students.

Visit Silverlining today and update your wardrobe with fabulous pieces at incredible prices, donate some of the items you no longer wear and, best of all, help young people develop the skills they will need to succeed...a silver lining for all.



SPECIAL **THANKS** TO OUR DONORS

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12211 Washington Blvd, Los Angeles, CA 90066 | ph 310.574.7893 | www.silverliningresale.org Monday Closed Tuesday 11 - 6 Wednesday 11 - 6 Thursday 12 - 7 Friday 11 - 6 Saturday 11 - 6 Sunday 12 - 5

BRIDGEPORT VOCATIONAL CENTER STUDENT SERVES AS INTERN FOR SENATOR ALEX PADILLA



California Senator Alex Padilla and Help Group Student, Chris Acosta

he Help Group's Bridgeport Vocational Center in Van Nuys, established in the fall of 2011, provides a unique learning environment for young adults with special needs ages 18 to 22 where they can develop and master the critical skills necessary for a successful transition from school to adult independence.

Students who are preparing to graduate have the opportunity to

participate in an off-campus internship, where they can apply the lessons they've learned in the classroom to a realistic and meaningful work

experience in the community. Throughout the internship experience, students are continuously working on improving social skills, asserting self-advocacy and making a connection with their co-workers and supervisors. Job coaches accompany the students to their work sites to provide support as needed.

The Vocational Center has worked diligently to reach out to local businesses to locate internships for our students. Students have interned at Dollar Tree, Fresh & Easy, PetCo, Kmart, Walgreens, Best Buy, Finish Line, Napa Auto Parts and the YMCA. Securing a range of internships from positions in local retail stores to professional office settings allows Career Counselors at the Vocational Center to place students in internships that match their interests and abilities.

Last summer, The Help Group was thrilled when California State Senator Alex Padilla, member of the California Senate Select Committee on

ANNUAL KEYES FOR KIDS TEDDY BEAR GOLF CLASSIC HONORS MICHAEL S. MELDMAN AND JOEY ARENSON

eyes Automotive Group hosted the 21st Annual Keyes for Kids Teddy Bear Golf Classic on September 24, 2012 at Valencia Country Club.

At the Lockton Insurance Brokers Awards Reception, The Help Group presented its *Help Fore Children Humanitarian Award* to Michael S. Meldman and Joey Arenson in recognition of their outstanding spirit of philanthropy and commitment to children.

Golf Co-Chair and 2009 honoree Jesse Sharf, partner & co-chair of Gibson, Dunn & Crutcher's Century City Real Estate Department, introduced his longtime colleagues Michael and Joey and welcomed them to The Help Group family.

Michael, Chairman & CEO of Discovery Land Company (DLC), and Joey, an original partner of DLC, are developers of luxury private club communities

around the world. DLC has created an unrivaled track record in the industry since its establishment in 1994. Inspired by a suggestion from his son, Michael launched the Discovery Land Foundation to enrich the communities that surround DLC's developments by providing generous support to programs that serve children and families in need.

In his acceptance remarks, Michael recognized everyone in attendance for their strong support

of The Help Group, stating: "Partnering with organizations like The Help Group makes communities stronger and creates so many opportunities for the kids. I admire The Help Group for all of its outstanding work on behalf of kids with autism." Echoing those remarks, Joey added, "Having the chance to meet some of the children served by The Help Group was an unforgettable experience that left a lasting impression. It is truly a special place, and I'm happy to do all that I can."

Board Chair Gary H. Carmona and Dr. Barbara Firestone thanked all event sponsors and donors for making the Golf Classic such a remarkable success. "Today's Golf Classic supports our mission and brings together old friends and new for the benefit of the children. Today you have scored

a 'hole in one' for these great kids. On behalf of the entire Help Group family, thank you so much."

Special thanks to Michael Hackman, Founder & CEO of Hackman Capital, who graciously served as auctioneer extraordinaire during the reception.

Co-Chairs included Victor Coleman, Chairman & CEO, Hudson Pacific Properties; Judd Swarzman, Judd Swarzman & Associates and Help Group Board member; Howard Tenenbaum, Vice President of Keyes Automotive Group & Help Group Board Executive Vice Chair; and Michael Van Konyenburg, President, Eastdil Secured.

Committee members included Gary H. Carmona, Help Group Board Chair; Gary Cole, Help Group parent, Celebrity Spokesperson & actor; Jonathan Firestone, Managing Director, Eastdil Secured; Jonathan Klein, Managing Director of Fortress Investment Group; Joe Mantegna, Help Group Celebrity Spokesperson & actor; Michael May, Senior Managing Director, Cantor Commercial Real Estate; Troy Miller, Principal, Ocean West Capital Partners; Tim Noonan, President & CEO, Lockton Insurance Brokers; and Ken Solomon, President, Tennis Channel & Help Group Board member.

Thanks to all our friends who so generously supported our Golf Classic!





1. Howard Tenenbaum, Judd Swarzman 2. Michael Meldman, Jesse Sharf, Joey Arenson, Jonathan Firestone 3. Victor Coleman, Joey Arenson, Dr. Barbara Firestone, Michael Meldman, Jonathan Glaser 4. Tim Noonan, Gary H. Carmona 5. Jason Keller, Mark Jacobs, John Brady, Ryan Delaney 6. Michael Meldman 7. Joey Arenson 8. Jesse Sharf, David Welsh, Jonathan Klein, Michael Hackman 9. Jesse Sharf 10. Michael Hackman 11. Michael May, Jonathan Firestone, Troy Miller

12. The Help Group Choir

THE COFFEE BEAN & TEA LEAF® DECKS THE WALLS FOR OUR CHILDREN



012 marked the 11th year that The Coffee Bean and Tea Leaf® hosted its vibrant "Deck the Walls" program to benefit the children of The Help Group. Starting right after Thanksgiving and continuing through the end of December, The Coffee Bean's customers had the opportunity to purchase \$1 holiday stickers, personalize them and place them on the walls of more than 200 stores throughout California and the western United States.

All proceeds from the sale of the stickers benefited The Help Group's schools and programs. Additionally, during the holiday season, The Coffee Bean & Tea Leaf® supported The Help Group by donating \$1 for every pound of Holiday Blend Coffee or Winter Dream Tea® tin sold in-store or online.

"At The Coffee Bean & Tea Leaf®, we believe it is not enough to do well, we must also do good. We are honored to support The Help Group's efforts on behalf of children with special needs and their families," said Mel Elias, CEO & President of The Coffee Bean and Tea Leaf ® and Help Group Circle of Friends philanthropic board member.



The Help Group extends a very big thank you to The Coffee Bean and Tea Leaf® for its ongoing commitment and to everyone who decked the walls in support of the children!

HOLIDAY CARNIVAL LIGHTS UP THE SEASON FOR MORE THAN 1500 CHILDREN

n Saturday, December 15th, The Help Group held its annual Holiday Carnival at its Sherman Oaks Campus for more than 1500 children and families in need. All of the families who attended are served by The Help Group's Family-Centered Support Programs, Mental Health & Clinical Programs and Residential Services.

It was a magical day for the children as they enjoyed carnival games, rides, lots of food, a petting zoo, arts and crafts, face-painting and a visit with

Santa. Thanks to the generosity of sponsors like The Zenith and Keyes Automotive Group (see photo, left, for a full list of supporters), The Help Group was able to transform its campus into a festive winter wonderland.



Longtime Help Group supporter Hasbro was joined by Mattel, JAKKS Pacific, and ABC7 and Southern California Firefighters, in providing a wonderful gift for every child to take home. The Coffee Bean & Tea Leaf® booth served hot holiday beverages to add to the festivities. The children had great fun at the karaoke machine and loved their visits with firefighters from Station 102.

New to Carnival this year was the popular "Silverlining Clothing Corner," where families

had the opportunity to fill bags with donated clothing provided by The Help Group's Silverlining Designer Resale Boutique & Vocational Training Center.

"The Holiday Carnival is a true community effort," said Dr. Barbara Firestone. "We are so grateful to our generous sponsors and to the 200 volunteers and staff who brought the spirit of the season to these children and their families."



Dr. Barbara Firestone, Gary H. Carmona, Dr. Susan Berman

The Help Group 2012 HOLIDAY CARNIVAL SPECIAL THANKS TO **OUR CARNIVAL SUPPORTERS!**

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The Monkarsh Family



5TH ANNUAL TEDDY BEAR TEA ~ AN AFFAIR OF THE HEART

he 5th Annual Teddy Bear Tea ~ An Affair of the Heart was held at the Four Seasons Hotel Los Angeles at Beverly Hills on April 17, 2012. The annual spring event was hosted by Jodi Tenenbaum and co-hosted by Teddi Cole and Therese Gamba—three remarkable women united by their philanthropic spirit and dedication to children with special needs.

GROUP April 17, 2012

Dr. Barbara Firestone welcomed the Tea guests by saying, "What a wonderful gathering of friends who hold children with special needs close to their hearts." She acknowledged the generosity and friendship of all Tea patrons, sponsors and quests.

Jodi Tenenbaum, whose husband Howard serves as Executive Vice Chair of the Help Group's governing board and Circle of Friends philanthropic board member, was delighted to see so many friends, both familiar and new. "This event is one of my favorites and truly an 'affair of the heart.' The Help Group is a remarkable organization which my husband Howard and I are proud to support," Jodi said. "It's all about the children-who mean so much to us."

Dr. Lisa Masterson, physician and humanitarian, was the featured guest speaker. The Emmy-nominated co-host of the Emmy-award winning daytime syndicated series "The Doctors," Dr. Masterson is also the author of the powerful memoir Paper Dollhouse. In it she shares how the memory of her mother led to her own far-reaching humanitarian endeavors to ensure that children did not grow up motherless. Dr. Masterson went on to promote healthy pregnancies, establishing clinics in India and Africa to improve health care for infants and mothers and has been honored nationally for her efforts.

Therese Gamba invited the audience to support The Help Group's Dr. Adam Opportunity Fund, which provides scholarship support, mentoring, college counseling, vocational training, internships and even basic food, clothing and shelter to children and families in need. She introduced Maurissa Sorensen, a young woman who is realizing her dream of earning her master's degree at Harvard University, thanks to the help of the Fund.

Parent speaker, Ana Gonzalez, spoke of the enormous strides that her son Emmanuel has made since she enrolled him in The Help Group's Young Learners Preschool for Autism. "When

Emmanuel started at Young Learners, he did not socialize with other children," Ana said. "Now, he's able to connect with his peers. The Help Group has been a wonderful learning environment for my son."

Adding to the magic of the afternoon was a performance by The Help Group Children's Choir. The event also featured a boutique and silent auction, and ended with Dr. Masterson signing her memoir. The Teddy Bear Tea was truly an Affair of the Heart!













- 1. Dr. Barbara Firestone, Teddi Cole, Therese Gamba, Dr. Lisa Masterson, Jodi Tenenbaum 2. Jodi Tenenbaum 3. Barbara Yaroslavsky 4. Jamie McGurk 5. Dr. Lisa Masterson 6. Dr. Linda Mirdamadi, Gail Koretz 7. Joy Monkarsh 8. Tammy Ratner, Sarah Milken, Alison Morgan 9. Jessica Weisblum, Samantha Firestone, Jamara Ghalayini 10. Celeste Alleyne 11. Kerry Perlow, Catherine Miller, Dayna Schulman, Tiffany Sachs, Jennifer Lopata 12. Dr. Barbara Firestone, Ana Gonzalez 13. Kerri Moyer, Patsy Klein, Sue Laviolette, Diane Schlabach 14. Angela Moreci, Therese Gamba, Mary Gamba 15. Susan Kennedy
- 16. Karen Shapiro 17. Help Group Children's Choir

ANNOUNCING ADVANCE LA'S 2ND ANNUAL CONFERENCE: INNOVATE

dvance LA's inaugural conference focusing on supporting teens and young adults in their transition to independence was held on May 11, 2012. The sold-out conference drew 350 attendees, comprising parents, researchers, healthcare professionals and teachers. Brought together by the common goal of transitioning young people to greater levels of independence, attendees left with a stronger understanding of how to make a rewarding life a reality.

Building on the success of last year's conference,

Advance LA is hosting its 2013 conference for parents and professionals on April 26 and a full day of workshops and activities for teens and young adults on April 27. The theme of this year's conference is "Innovate," bringing together experts and innovators from diverse fields sharing the newest thinking on how best to support teens and young adults who face



Dr. Susan Berman, Dr. Amy-Jane Griffiths, Dr. Jason Bolton

unique challenges in making a successful transition to independent adulthood.

Teens and young adults with Autism Spectrum Disorders (ASD), attention-deficit hyperactivity disorder (ADHD), executive functioning challenges, or other learning differences possess distinct gifts and strengths. Although these young people face many challenges, they are a growing part of our future workforce and have much to offer the world. They also face challenges that differ from those confronting many of their peers. Making a successful transition to work, college and

independent living can be difficult for any teen or young adult. The right opportunities at the right time make a world of difference to all young people. For those with different styles of learning or relating to the world, this is especially true. Conference sessions will explore practical, creative solutions to the needs of teens and young adults facing unique challenges.



Featured Speakers to Date Include:

ERIK CARTER, PhD, Professor and researcher focusing on the transition to life after high school, Vanderbilt University

LARA-HONOS WEBB, PhD, Author of "The Gift of ADHD" and "Listening to Depression"

DAVID FINCH, Author of *New York Times* best-seller, "The Journal of Best Practices"

RICHARD GUARE, PhD, BCBA and Colin Guare, Co-Authors of "Smart but Scattered Teens: The Revolutionary 'Executive Skills' Approach to Helping Kids Reach their Potential"

NEW TRANSITIONAL LIVING PROGRAM OFFERS UNIQUE SUPPORT FOR YOUNG ADULTS WITH SPECIAL NEEDS

fter young adults with special needs have completed high school, they often require extra guidance to prepare them for the transition to college or the workforce. One of the most effective ways for these young people to become more self-sufficient is to learn and practice important life skills in a safe and structured environment, such as a supported living program, but options are limited. Advance LA, an innovative program of The Help Group, recently launched Live. Advance. LA., a cutting-edge transitional living program designed to facilitate independent living for young adults ages 18 to 29.

Live. Advance. LA. is one of only a handful of transitional living programs in the country that serves with young adults learning disabilities. spectrum autism disorders, Asperger's Disorder, executive functioning challenges, ADHD and emotional or behavioral challenges. Situated in the Santa Monica Mountains on the beautiful campus of American Jewish University, this non-sectarian program provides personalized experiences and opportunities for young people to learn and practice the skills necessary to be successful in adult life.

"It is so wonderful to watch these young adults flourish in this environment," said Amy-Jane Griffiths, PhD, Advance LA Program Director. "With the right amount of support, skill-building and opportunities to practice transition skills, they are able to create satisfying and meaningful lives."

Residents and their families, along with program professionals, create an individualized program. Residents may choose to enroll in classes at various local college campuses or pursue career or work

Live. Advance. LA. Preparing young adults facing unique challenges for a successful future



Live. Advance. LA.

is a cutting-edge transitional living program designed to facilitate independent living for young adults ages 18 to 29.







opportunities in the community while engaging in fulfilling social relationships. Live. Advance. LA. addresses a number of areas including life skills, health and wellness, executive functioning skill development, social connections, academic support and internship and career guidance.

"Just yesterday, a parent told me that her son has had more social interactions in the last few weeks than he has had in three years," said a Live. Advance. LA. residential counselor. "Our residents beam with pride when they see the positive strides that they have made, and we get to cheer them on along the way."

Teenagers and young adults who are not yet ready to participate in the residential program can take advantage of Advance LA's most popular service. one-on-one coaching, which provides training and guidance in a variety of areas and focuses on helping them become more successful in their lives. Many of the Live. Advance. LA. residents are former coaching clients who were ready to gain more independence, but still needed additional support to be successful. Other Advance LA services include social clubs, parent-to-parent support groups, parent and family coaching and conferences for parents, professionals and young adults.

For additional information about Live. Advance. LA. and other Advance LA services, visit www.advancela.org or contact Jennifer White at jwhitea@thehelpgroup.org or 818.779.5228.

THE HELP GROUP TO SERVE MORE CHILDREN



The Help Group's Culver City Campus GROUNDBREAKING CELEBRATION

Recognizing the Culver City Council Mayor Andrew Weissman · Vice Mayor Jeffrey Cooper Councilmembers Jim B. Clarke, Micheál O'Leary & Meghan Sahli-Wells

continued from cover

and I consider it a privilege to thank our guests of honor for their support of our efforts on behalf of the children and their families."

Help Group Board Chairman Gary H. Carmona added, "As I look out at this audience today, I see Board members, administration, faculty, staff, governmental colleagues, philanthropic friends, families and volunteers – all working hand in hand for the children. Thank you all so much."

Since the Culver City Campus first opened in 2001, the incidence of autism has increased from 1 in every 250 children affected to 1 in 88 children affected, according to the Centers for Disease Control and Prevention. The Help Group's capital expansion will help to address this growing need for autism services and programs.

Dr. Susan Berman, The Help Group's Chief Operating Officer, said, "Whether it's serving children in our Young Learners Preschool or providing life skills coaching for students transitioning to young adulthood, our goal and commitment is to help each child fully realize his or her potential."

Help Group Celebrity Spokesperson and parent advocate Gary Cole spoke openly about how autism has impacted his daughter Mary and their family. "When there was nowhere else to turn, there was The Help Group," Gary said, as he shared how much The Help Group has meant to him and his family over the years.

The Mayor and City Councilmembers were presented commemorative artwork created by the children of The Help Group. "Because you care and because children are clearly a top priority on Culver City's agenda, we are here today to break ground on this new project," said Dr. Firestone. "Through your commitment, each one of you will touch the lives of many children with autism throughout the years ahead."

The event featured special performances by Louis Price, former lead singer of the Temptations, and The Help Group Children's Choir. The Choir's rendition of "You've Got a Friend in Me" was a heartwarming backdrop to the official groundbreaking ceremony. It was truly a day to remember!





N WITH AUTISM AT ITS CULVER CITY CAMPUS

















1. Dr. Susan Berman, Councilmember Micheal O'Leary, Mike Love, Councilmember Jim B. Clarke, Mayor Andrew Weissman, Gary H. Carmona, Dr. Barbara Firestone, Dr. David Firestone, Councilmember Meghan Sahli-Wells, Ken Solomon, Joy Monkarsh, Perry Katz, Tom Komp, Richard M. Zelle, John Farrimond, Gerald Rosenblatt 2. Dr. Barbara Firestone, Gary H. Carmona, Perry Katz, Ken Solomon, Joy Monkarsh, Richard M. Zelle, Dr. Susan Berman, Dr. David Firestone 3. Councilmember Micheál O'Leary, Vice Mayor Jeffrey Cooper, Gary H. Carmona 4. Gary Cole 5. Gary H. Carmona, Dr. Barbara Firestone 6. Mayor Andrew Weissman 7. Help Group Students

8. Councilmember Jim B. Clarke, Tom Komp 9. Councilmember Meghan Sahli-Wells, Louis Price 10. Councilmember Micheál O'Leary,

Vice Mayor Jeffrey Cooper, Mayor Andrew Weissman, Councilmember Meghan Sahli-Wells, Councilmember Jim B. Clarke 11. City Attorney Carol Schwab, Dr. Barbara Firestone, Assistant City Attorney Heather Baker

12. Thomas Gorham, Planning Manager, City of Culver Clty, Joshua Williams, Associate Planner, City of Culver Clty 13. Dr. Susan Berman

14. Steve Rose, Former Culver City Mayor, President & CEO of Culver City Chamber of Commerce, David Waite 15. Lauren Pizer-Mains, Consultant, Joint Committee on the Arts, Office of CA Sen. Curren Price, Ken Solomon 16. Help Group Choir

THE HELP GROUP LAUNCHES ITS NEW PAWS AND PALS PROGRAM





he Help Group is pleased to announce the launch of Paws and Pals for Kids with Autism, a volunteer-supported pet intervention program offered at its Sherman Oaks and Culver City Campuses. Volunteers from Therapy Dogs, Inc. and Autism Service Dogs of America

visit The Help Group's autism schools on a weekly basis with their specially trained and registered therapy and service dogs.

Students attending The Help Group autism schools and camps last summer were the first to be greeted by volunteer Vicky Marsh and her dachshund Clyde. Volunteers like Vicky are placed in a variety of small group settings, including classrooms and day camps, where they have the opportunity to facilitate interaction between their pets and the students. Vicky shared, "It was such a rewarding experience spending time with the amazing children and staff. The kids are happy and enthusiastic and greeted Clyde and me with warm smiles and happy hearts. The Help Group is a special place."

"Animals can have a very positive impact and present an avenue for social interaction and communication," said Dr. Barbara Firestone. "The Help Group is thrilled to offer this dynamic new program."

Students show increased motivation in the presence of handler-and-dog teams, which can be a valuable tool for teachers to help students initiate conversation; share in reciprocal exchange, and social interaction with peers. Students from Village Glen School practiced reading and letter writing using the visiting dogs as the topic. Non-verbal students in Sunrise School are using their Picture Exchange Communication System (PECS) to communicate about the dogs in their classrooms.

Although some children may find it difficult to relate to and communicate with their peers, relating to animals can be a natural, soothing and non-judgmental experience. "Handler-and-dog teams can encourage social interaction and boost our students' self-esteem and confidence," said Pamela Clark, Director of The Help Group Autism Schools. "Pet intervention programs can also lead to increased motivation and decreased anxiety in our students."

Paws and Pals teams have already integrated into classrooms to achieve these educational objectives and to help students develop skills that can ultimately be transferred to relationships with peers and teachers.

A very special thanks to the remarkable Paws and Pals volunteers for sharing their pets with our students and to Lisa Manafian, Help Group Special Projects Coordinator, for her efforts in developing this program. Paws and Pals is off to a great start!

Ginny Mills, Therapy Dogs, Inc. Volunteer with her registered goldendoodle, Baylee
 Lisa Manafian with Sunrise student and Therapy Dogs, Inc. Volunteer, Kathy Goodwin and therapy dog, Gromit 3. Trainer, Kati Rule from Autism Service Dogs of America with service dog, Ian 4. Vicky Marsh, Therapy Dogs, Inc. Volunteer with her dachshund, Clyde 5. Lanny Goodwin, Therapy Dogs, Inc. Volunteer with a Kids Like Me camper and therapy dog, Champion Rose









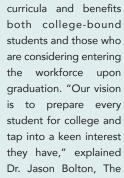
INTRODUCING THE HELP GROUP'S NORTH HILLS PREP AND PARKHILL SCHOOL



he Help Group's North Hills Prep offers a traditional college preparatory curriculum for students with emotional or motivational challenges, learning differences or problems with attention in an inclusive, therapeutic setting. Fully accredited by the Western Association of Schools and Colleges (WASC), North Hills Prep's curriculum is designed to qualify students for entry into four-year universities. In addition to a rigorous

curriculum, students have the option of using their electives to receive specialized training in the Academy of their choosing. During this past fall, North Hills Prep launched Academies in Information Technology and Media; Creative and Performing Arts; Math and Science; Culinary Arts and Industries; and Fitness and Health Services.

The Academies program fills a gap in critically needed transitional education



Help Group's Chief Psychologist. "That way, they become more motivated learners."

Director of Education Elin Bradley noted, "We were looking for a way to get students excited about school and connect what they learn to what they might see themselves doing in the future. We are excited about the possibilities the Academies system presents and look forward to developing it further."

One of the ways transition specialists at North Hills Prep prepare students for university life or employment opportunities is to link students with resources to access vocational schools, professional certification programs and local community college and extension programs, as well as assisting with applications and financial aid.

"The Academies program is truly one-of-a-kind for a nonpublic school," said Tom Komp, Senior Vice President of The Help Group. "By motivating and engaging creative learners, North Hills Prep's Academies System brings practical, real-world training to prepare students for college, post-high school education or the world of work."



arkhill School, which was founded in 1965, is the newest addition to The Help Group's specialized schools. Located in West Hills, Parkhill is an

intensive therapeutic day program serving children and adolescents with emotional and behavioral challenges. Elin Bradley, Park Hill's Director of Education, and Lindsay Leimbach, Head of School, bring their years of expertise, wisdom and enthusiasm to this program.

Parkhill School's mission is to help every child reach his or her potential by fostering academic and personal growth and tolerance. Offering a strong standards-based curriculum that instills excellence in study and nurtures independence, Parkhill's program is designed to enhance each student's character, strengths, talents and abilities from elementary school through high school.

"Parkhill is a family-friendly school that makes a special effort to involve parents in the program, creating a powerful 'circle-of-care' for the youth it serves," according to Elin Bradley. Each student progresses in a safe, encouraging classroom environment built on a personalized academic curriculum and a structured positive behavior program. As a result, Parkhill students are able to grow and mature to their fullest potential not just as learners, but as people.

In addition to its full-day program, Parkhill School offers an Independent Study Program for students who require an alternative schedule to accommodate a variety of needs including family responsibility, work requirements or unique learning needs. This unique program allows each student the opportunity to develop a portfolio through the Career and Transition Program, preparing students for increasing levels of independence as they transition from high school into the workplace. In addition, students have off-site work training options to gain valuable vocational training experiences through the Workability Program, which offers students vocational assessment, guidance and support to ensure students develop the skills necessary for competitive employment and successful outcomes.

The rich student life is rounded out by school clubs and athletics, and educational life is enhanced to ensure that comprehensive treatment plans with clearly defined therapeutic goals and objectives are developed to meet the individual needs of the students. The Help Group is pleased to welcome Parkhill School into its family of schools dedicated to helping children fully realize their potential.







THE HELP GROUP SUMMIT 2012 CONVENED LEADING EXPERTS IN AUTISM, LEARNING DISABILITIES AND ADHD

SUMMIT 2012

SUMMIT CHAIRS

BARBARA FIRESTONE, PhD

PETER C. WHYBROW, MD

ROBERT M. BILDER, PhD

Keynote Speakers
DAVID G. AMARAL, PhD
RICHARD LAVOIE, MA, MEd
ERIC FOMBONNE. MD

Presenters
ROBERT ACCORDINO, MD, MSc

BRUCE L. BAKER, PhD

JAN BLACHER, PhD

STEPHANIE BODISON, OTD, OTR/L

JASON BOLTON, PsyD

FLORENCE CLARK, PhD

PAMELA CLARK, MA

PAMELA CROOKE, PhD

DIANE M. DANIS, MD

SHANNON DES ROCHES ROSA

AMY-JANE GRIFFITHS, PhD

DIANE HAAGER, PhD

STEPHEN HINSHAW, PhD

TED HUTMAN, PhD

JANE KIM, MS, BCBA

ELIZABETH LAUGESON, PsyD

PAMELA J. LEIN, PhD

PHILIP LEVIN, PHD

PAT LEVITT, MD

SARA MCCRACKEN, PsyD, BCBA

DAVID MIKLOWITZ, PhD

ROBERT SUDDATH, MD

JANE TAVYEV ASHER, MD

JUDY VAN DE WATER, PhD

LOUIS A. VISMARA, MD

JANIS WHITE, EdD

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he Help Group Summit 2012 – Advances and Best Practices in Autism, Learning Disabilities and ADHD took place on October 26th and 27th at the Skirball Cultural Center in Los Angeles. With First 5 California as the Major Sponsor and ABC 7 as Media Sponsor, this year's event featured 30 leading experts on cutting-edge topics. More than 600 professionals and parents attended the sold-out event.

The conference was chaired by Dr. Barbara Firestone; UCLA Semel Institute Director Peter C. Whybrow, MD; and Chief of Medical Psychology/Neuropsychology, UCLA-Semel Institute, Robert M. Bilder, PhD.

David Ono, co-anchor of ABC 7 Eyewitness News and multi-award winning reporter, emceed the Summit

luncheon. In welcoming the crowd, he said. "ABC is proud to once again be the media sponsor for this fantastic event that brings together so many researchers, clinicians, educators and parents all dedicated to improving the lives of children and young adults affected by autism, learning disabilities and ADHD."

Dr. Firestone presented The Help Group's 2012 Champion for Children Award to California Senator Carol Liu and member of the Senate Select Committee on Autism & Related Disorders, in recognition of her dedication and commitment to the well-being of children with special needs and their families. "Senator Liu is an ardent advocate on behalf of individuals with



SUMMIT VIEW'S FIRST COLLEGE FAIR ~ A GREAT SUCCESS

ummit View School, a college preparatory program serving students with learning



SUMMIT VIEW SCHOOL the College Fair was to reinforce the good news that

differences, hosted its first College Fair at the Culver City Campus. Over 400 high school students and their families from throughout Los Angeles participated in the event. College and university exhibitors included UCLA, USC, and Cal State Northridge, Channel Islands, and Dominguez Hills. There were representatives from the University of Arizona, Whittier College, Chapman College and Loyola

Marymount, to name a few. The fair also included a panel discussion about application process and a Q&A session to address common concerns.

Director of Summit View Schools Nancy Rosenfelt observed, "The purpose of









(Top) Summit View Graduates (Bottom L-R) Sheila Zaft, Nancy Rosenfelt, Barbara Rodney; Students, Families and Admissions Representatives at Summit View's College Fair

the College Fair was to colleges and universities are prepared and enthusiastic

about meeting the needs of students with learning disabilities. The representatives from colleges discussed the accommodations available and encouraged students and their families to visit and apply."

We are pleased to report that 97% of Summit View students attend college after they graduate and are currently enrolled in a number of prestigious public and private universities

> throughout California and the United States, including UCLA, UC Berkeley, UC Irvine and UC San Diego. Alumni from Summit View Schools who are currently attending these universities were also on hand at the College Fair to lend their support.

Summit View is currently planning its next College Fair for Fall 2013. For more information, visit www.summitview.org.

THE HELP GROUP'S VOLUNTEER PROGRAM MORE THAN 200 STRONG AND GROWING

n less than two years, The Helpmates Volunteer Program has grown to more than 200 dedicated volunteers who are contributing a wealth of talent and knowledge to make a difference. Some volunteers work in classrooms supporting staff during the school day. Other volunteers create fun, entertaining and safe environments in Kids Like Me's afterschool programs and camps in Sherman Oaks and Culver City.

During the weekend, Helpmates might present workshops in art, creative writing and cooking to clients in residential programs or encourage teens and young adults in the art

of friendship-making during Sunday afternoon social clubs. Volunteers also provide valuable support at conferences, seminars, community events like the annual Holiday Carnival (see related article on p. 6) and philanthropic events.

"It's always great to make a difference, especially when you connect with the kids, or experience a child making a connection. I volunteered for the ACEing Autism after-school tennis program, and being a part of turning challenges into triumphs is incredibly rewarding," said Katie, a volunteer with The Help Group's Kids Like Me program.

Ann Avidor, Help Group Volunteer Coordinator, said, "The Help Group is so lucky to have such an amazing and generous volunteer team, and we are genuinely grateful for all the assistance and support volunteers are providing to children and staff in so many ways."





(Top) Volunteers at Volunteer Appreciation Luncheon, Ann Avidor (Bottom) Volunteers at Music for Autism Event

BECOME A VOLUNTEER!

WE INVITE YOU TO CONNECT WITH THE HELP GROUP

Visit our new website to subscribe to our news & updates











www.thehelpgroup.org



INTERN FOR SEN. PADILLA continued from page 4



Autism & Related Disorders, offered an internship in his Van Nuys District Office to Vocational Center student Chris Acosta. "I understand how difficult it can be sometimes for young adults with special needs to get

real-world vocational experience. I was proud to have Chris work in our office and see his progress in the six months he spent with us. Chris has a very bright future ahead of him," said Senator Padilla.

Chris spent two mornings a week in the Senator's office learning a variety of office tasks, including sorting the mail, searching the internet for constituent addresses, and filing. Chris reflected on his time in Senator Padilla's office, "At first, I was nervous, but then I got more comfortable and began to learn about the government. Now, I can help people with what I learned in the office. My experience in the Senator's office was a great moment that I never thought I would have."

"Chris' story is a wonderful example of how young adults with special needs can be successful given instructional preparation in combination with an on-the-job internship," said Pamela Clark, Director of Autism Schools for The Help Group. "The Bridgeport Vocational Center has mastered this recipe for success, and I am confident that many more of our young adults will be able to share their own proud stories as they progress in the program."

THE HELP GROUP'S KIDS LIKE ME CLASSES PROMOTE SOCIAL SKILLS **DEVELOPMENT IN CHILDREN WITH AUTISM SPECTRUM DISORDERS**

he Help Group's Kids Like Me programs are specially designed for children and adolescents with autism spectrum disorders and other developmental challenges. Kids Like Me provides opportunities for children to have fun, connect with others, learn new skills, make friends and enjoy a sense of belonging. Registration is now open for a variety of winter after-school classes and activities, including

social skills groups, the Miracle Project Theater Program, tennis, ballet, karate, chess masters and more.

Kids Like Me is excited to announce that they will be offering spring break day camps for children, teens, and young adults ages 3 to 21 for the first time this year (see ad, right, for details). Popular camps and programs will be offered again this summer as well. All afterschool and camp programs are overseen by highly trained professionals and

address specific age and ability levels.

Children on the spectrum can benefit from enjoyable activities that allow them to build their social and communication skills, engage in peer interaction and develop meaningful friendships. Although kids with autism are often hesitant about participating in sports or other new activities, current research has shown that modifying and adapting

these activities to address their specific needs can result in more positive social experiences and improve their social skills over time. Improved social skills can in turn lead to higher levels of confidence and selfesteem and a newfound sense of belonging among peers and in their community.



Best of all, these programs allow kids with special needs to just be kids. Children and adolescents can try a new sport, make friends, learn to be a ballerina, put on a play for an audience and so much more in an environment that supportive and nonjudgmental. Every child deserves the opportunity to have fun and enjoy life, especially those who face challenges that many of their peers do not.

Social development and interaction is a vital piece

of daily life for many children with autism. Far too often, these children find it difficult to make new friends or maintain the relationships they had when they were younger. The importance of teaching them to learn new skills and engage with peers cannot be stressed enough; it is an essential learning opportunity they can use to develop lasting relationships, improve self-confidence, and take steps toward a successful adult life.

Please contact Nicole Webb, Kids Like Me Program Director, at nwebb@thehelpgroup.org or 818.778.7136 for the latest details and registration information.

SUMMIT 2012 continued from page 14

autism," said Dr. Firestone. "We are immensely grateful for her many efforts and dedication to the children of California."

During the luncheon Dr. Firestone thanked ABC7 and First 5 California for their sponsorship of this year's Summit and presented hand-painted artwork by the students of The Help Group to David Ono and Lori Gladding, Child Development Consultant of First 5 California's Program Management Division.

To cap off the luncheon proceedings, The Help Group's Choir performed a wonderful musical tribute to Senator Liu, First 5 California and ABC 7 and everyone in attendance.







SAVE THE DATE~SUMMIT 2013 Friday, October 25 & Saturday, October 26



Leading the Way for Group Young People with SPECIAL NEEDS



Village Glen School **Bridgeport School**

Bridgeport Vocational Education Center

Young Learners | Sunrise | School

Summit View School

North Hills Prep Coldwater Canyon Prep

Parkhill School

Founded in 1975, The Help Group is the largest, most innovative and comprehensive nonprofit of its kind in the United States serving children with special needs related to autism spectrum disorders, learning disabilities, ADHD, developmental delays, abuse and emotional problems.

The Help Group's nine specialized day schools offer pre-K through high school programs for more than 1,500 students. Its broad range of mental health and therapy services, child abuse and residential programs extends its reach to more than 6,000 children and their families each year. With more than 950 staff members, The Help Group's state-of-the-art schools and programs are located on seven campuses in the Los Angeles area.

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18+ PROGRAMS
COACHING
SOCIAL SKILLS TRAINING
PARENT EDUCATION
AFTER-SCHOOL ENRICHMENT
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ABOUT THE HELP GROUP

The Help Group is dedicated to the education, treatment and outreach of children, adolescents and young adults with autism spectrum disorders (ASD) and other special needs:

SPECIALIZED DAY SCHOOLS

Village Glen School for students with social and communicative challenges, including Asperger's Disorder and high-functioning autism. The **Pace Program** is available for gifted students. The **Beacon Program** educates students with behavioral challenges.

Young Learners Preschool for Autism for children ages 2 1/2 to 5 with ASD.

Bridgeport School for students with mild cognitive delays and social and communicative challenges.

Bridgeport Vocational Education Center provides young adults with special needs ages 18 to 22 with instruction in independent living skills and vocational opportunities.

Sunrise School for students ages 5 to 21 with moderate to severe global delays associated with ASD and other developmental disabilities.

Summit View School for students with learning differences.

Coldwater Canyon Prep for students with learning differences and accompanying ADHD and social-emotional challenges.

North Hills Prep for students with emotional or motivational challenges, learning differences or problems with attention.

Parkhill School for children and adolescents with emotional and behavioral challenges.

PROGRAMS & SERVICES

The Mental Health & Clinical Programs provide psychiatry, individual, family and group therapy, case management, after-school enrichment for at-risk children and vocational services.

Stepping Stones Preschool Program provides a therapeutic, nurturing and enriching environment for children ages 2 1/2 to 5 who need early intervention for social, emotional, behavioral, neurological and/or psychological challenges.

The Help Group Center for Autism Spectrum Disorders features multidisciplinary assessment, consultation, intervention, family support, after-school programs and camps for children with autism and Asperger's Disorder. This program offers seminars for parents and professionals and promotes public awareness of ASD.

The Speech and Language Disorders Program and Occupational Therapy Program provide comprehensive assessment and intervention services on current research and best practices in individual, small group and classroom settings.

The Help Group - UCLA Neuropsychology Program is an innovative partnership of The Help Group and UCLA's Neuropsychiatric Institute. This program provides neuropsychological assessments and consultations for children, adolescents and young adults and enriches the field of knowledge through its research and educational endeavors.

The Help Group - UCLA Autism Research Alliance is an innovative partnership between The Help Group and the UCLA Semel Institute for Neuroscience and Human Behavior and is dedicated to enhancing and expanding clinical research in the education and treatment of ASD and to contributing to the development, greater understanding and use of best practice models by researchers, educators and clinicians.

Family-Centered Support Programs include child and family counseling, teen parenting counseling, parent education and family reunification counseling. Wraparound Program is a strength-based, family-focused program used by communities to support children and families with complex needs. Full Service Partnership is a community-based program that provides intensive mental health services to children ages birth to 15.

Project Six/The Commons is a therapeutic boarding option for teens ages 13 to 17 with a variety of diagnosis and behaviors, including Asperger's Disorder, ASD, mood and anxiety disorders, learning differences and emotional and behavioral challenges.

Advance LA provides coaching, residential living and social and recreational opportunities for teens and young adults who are facing unique challenges in their transition to independence.

Live. Advance. LA. offers a supported living experience on a college campus for young adults ages 18 to 29 who are learning the skills needed to transition to independence.

club l.a. and **club l.a. TEEN** provide a supported social network for young adults and teens who are on the autism spectrum or need assistance in developing and maintaining friendships.

Silverlining Resale Boutique & Vocational Training Center provides students with special needs the opportunity to learn and develop valuable work experience and job skills that contribute to their knowledge, self-confidence, employability and future independence.

Kids Like Me provides after-school enrichment, social skills groups and summer, winter and spring day camp programs. Teens on the Go is a travel camp for young people with ASD.

PROFESSIONAL DEVELOPMENT

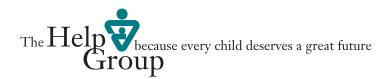
Graduate & Post-Graduate Training Programs

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The Help Group Summit - Advances and Best Practices in Autism, Learning Disabilities & ADHD Advance LA Innovate Conference



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The Help Group is widely regarded for its high standards of excellence, unique scope and breadth of services. Through its public awareness, professional training and parent education programs and efforts at the state and national levels, The Help Group touches the lives of children with special needs across the country and in other parts of the world.

At the heart of its efforts is the commitment to helping young people fulfill their potential to lead positive, productive and rewarding lives.

Village Glen School · Bridgeport School
Bridgeport Vocational Education Center · Sunrise School
Young Learners Preschool for Autism · Project Six / The Commons
The Help Group - UCLA Autism Research Alliance · Advance LA
The Help Group Center for Autism Spectrum Disorders
Kids Like Me Recreational Programs & Camps · club I.a./club I.a. TEEN
Silverlining Resale Boutique & Vocational Training Center
Summit View School · Coldwater Canyon Prep
North Hills Prep · Parkhill School
The Help Group - UCLA Neuropsychology Program
The Help Group Child & Family Center

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EVENT HIGHLIGHTS



Teddy Bear Tea Montage Beverly Hills February 21



Music for Autism Help Group Autism Center March 3



Special Needs Resource Fair Help Group Autism Center March 17



Advance LA Innovate Conference for Parents, Professionals & Young Adults American Jewish University





Through Our Eyes Art Exhibit Sponsored by Bear Givers James Gray Gallery April 2013



The Miracle Project
Help Group Autism Center
June 2



Keyes for Kids Teddy Bear Golf Classic Valencia Country Club September 23



Music for Autism Help Group Autism Center October 13



The Help Group SUMMIT 2013
Advances and Best Practices in
AUTISM · LEARNING DISABILITIES · ADHD
Skirball Cultural Center
October 25 & October 26

For more information on these and other events, please call 818.779.5212 or visit www.thehelpgroup.org