

# SHERMAN OAKS

WINTER 2014

kids like me  
engage. experience. explore.

ALL NEW  
AFTER-SCHOOL  
CLASSES &  
ACTIVITIES  
CALL NOW!

The Help Group



**ALL KIDS** need opportunities to have fun, connect with others, learn new skills, make friends, and enjoy a sense of belonging... That's what **Kids Like Me** is all about!

The Help Group Kids Like Me programs are specially created for children and adolescents with autism spectrum disorder and other developmental challenges. Participants can enjoy after-school classes, clubs, camps, and weekend activities with kids who share similar challenges. All programs are overseen by highly trained professionals and are designed to address specific age and ability levels.

**Staff supervision and snacks will be provided at no extra charge for Help Group students from 3:00pm to 4:00pm.**

**Most classes start the week of January 27th | Register Now!**

**All classes meet from 4:00pm - 5:15pm**

## SOCIAL SKILLS GROUPS

Utilizing evidenced based practices Help Group therapists promote skill development in peer communication and interaction while fostering more meaningful friendships.

**Mondays:** beginning Jan. 27th

**Ages:** 5-7 and 8-10

**Wednesdays:** beginning Jan. 29th

**Ages:** 11-13 and 14-17

Vendored with North Los Angeles Regional Center, #PL0951 and Lanterman Regional Center #PW5530

**Cost:** \$350 for 8 sessions

## KARATE

Black belt instructor teaches this special class designed to help build focus, self-confidence, discipline, cooperation, fitness and teamwork. Uniform provided.

**Mondays:** beginning Jan. 27th

**Ages:** 7 - 10 and 11 and up

**Cost:** \$250 for 8 sessions



## JAM BAND

**MAE.**  
MUSICAL ARTIST EDUCATION

Highly unique, instrumental music program where students of varying abilities collaborate in the songwriting and music production process. Various instruments are used and parts adapted so that every student participates according to his/her ability.

**Mondays:** beginning Jan. 27th

**Ages:** 8 and up

**Cost:** \$250 for 8 sessions



## CARTOONING

Learn about various cartooning styles and create your own characters, comic strips and even a comic book!

**Tuesdays:** beginning Jan. 28th

**Ages:** 5-9 and 10 and up

**Cost:** \$225 for 8 sessions

## ROBOTICS

An exciting class where students learn and work together to create, construct, and control various kinds of robots. New and prior students accommodated.

**Mondays:** beginning Jan. 27th

**Ages:** 8 and up

**Cost:** \$250 for 8 sessions

## GAMING CLUB

Tech savvy gamers will love this after school club designed to utilize the latest games to foster peer interaction and social skills.

**Tuesdays:** beginning Jan. 28th

**Ages:** 10 and up

**Cost:** \$220 for 8 sessions

OVER

# SHERMAN OAKS

WINTER 2014



## TENNIS



A perfect match! Aceing Autism instructors provide a unique, specially designed tennis program for children at The Help Group.

**Tuesdays:** beginning Jan. 28th

**Ages:** 5 and up

**Cost:** \$225 for 8 sessions, equipment provided.

## FILM MAKING

A creative and engaging class that provides peers the opportunity to learn, participate and gain skills in writing, directing, acting and filming their own videos.

**Wednesdays:** beginning Jan. 29th

**Ages:** 10 and up

**Cost:** \$250 for 8 sessions

## CHESS

Introduction to the basics as well as more advanced strategies and tips in the play of this fun and challenging game. Social skills emphasized through games and tournaments with peers.

**Wednesdays:** beginning Jan. 29th

**Ages:** 7 to 10 and 11 and up

**Start Date:** January 29th

**Cost:** \$225 for 8 sessions

## BASKETBALL

High energy sports class focusing on skills development, teamwork and sportsmanship.

**Wednesdays:** beginning Jan. 29th

**Ages:** 5 and up

**Cost:** \$200 for 8 sessions

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## THE MIRACLE PROJECT



Highly acclaimed, award winning creative arts program that enables children and teens with autism and other special needs to express themselves through music, dance, writing and acting. Social skills and creativity soar while working together to create and perform an original musical production.

**Thursdays: beginning Jan. 16th**

**Ages:** 5 and up

**Cost:** \$750 for 20 sessions, plus 1 or 2 extra rehearsal(s) with final performance on Sunday, June 8, 2014

## I ♥ DINOSAURS

A multi-sensory, hands-on, activity-based, ENORMOUSLY fun class dedicated to learning and sharing about dinosaurs.

**Thursdays:** beginning Jan. 30th

**Ages:** 5 to 9

**Cost:** \$225 for 8 sessions

## WEB DESIGN AND DEVELOPMENT

Learn and build skills in the design, creation, and maintenance of web pages and websites. New and prior students welcome.

**Thursdays:** beginning Jan. 30th

**Ages:** 10 and up

**Cost:** \$225 for 8 sessions



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## PHOTOGRAPHY

Introductory class to include learning about camera functions, photo composition, how to improve picture taking, as well as photo editing

**Thursdays:** beginning Jan. 30th

**Ages:** 10 and up

**Cost:** \$240 for 8 sessions

## TOP CHEF



Fun, skill-building class where students learn about foods, kitchen basics, and create a variety of exciting dishes.

**Fridays:** beginning Jan. 31st

**Ages:** 5 - 9 and 10 and up

**Cost:** \$250 for 8 sessions

## ANIMATION/CLAYMATION

Using traditional stop motion and digital recording methods, kids will learn how to create and bring their own characters to life. All levels of animation experience accommodated.

**Fridays:** beginning Jan. 31st

**Ages:** 10 and up

**Cost:** \$225 for 8 sessions

For an application, more information or to register your child, please contact

Nicole Webb at 818.778.7136  
or [nwebb@thehelpgroup.org](mailto:nwebb@thehelpgroup.org)

For more information on Kids Like Me programs, please visit [www.kidlikemela.org](http://www.kidlikemela.org)





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**Ages:** 11-13 and 14-17

Vendored with Westside Regional Center, Vendor #PW5530 and Lanterman Regional Center #PW5530

**Cost:** \$350 for 8 sessions

**HIP HOP**

The latest and greatest in hip hop in this fun and dynamic dance class. For new and prior students.

**Mondays:** beginning Jan. 27th

**Ages:** 5-9 and 10 and up

**Cost:** \$225 for 8 sessions

**JAM BAND**



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**Ages:** 8 and up

**Cost:** \$250 for 8 sessions

**ROBOTICS**

An exciting class where students learn and work together to create, construct, and control various kinds of robots. For new and prior students.

**Tuesdays:** beginning Jan. 28th

**Ages:** 10 and up

**Cost:** \$250 for 8 sessions

**GUITAR**



Beginning group class will introduce basic notes, chords and songs.

**Tuesdays:** beginning Jan. 28th

**Ages:** 9 and up

**Cost:** \$225 for 8 sessions, students provide own guitars

**CARTOONING**

Learn about various cartooning styles and create your own characters, comic strips and even a comic book!

**Tuesdays:** beginning Jan. 28th

**Ages:** 5-9 and 10 and up

**Cost:** \$225 for 8 sessions



# CULVER CITY

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**Ages:** 7 to 10 and 11 and up

**Cost:** \$250 for 8 sessions

## ARDUINO

A unique electronics class where students will utilize real electronic components to build circuits and learn about programming and controlling commands and reactions.

**Wednesdays:** beginning Jan. 29th

**Ages:** 11 and up

**Cost:** \$250 for 8 sessions

## PHOTOGRAPHY

Introductory class to include learning about camera functions, photo composition, how to improve picture taking, as well as photo editing.

**Wednesdays:** beginning Jan. 29th

**Ages:** 10 and up

**Cost:** \$240 for 8 sessions

## BOWLING

Fun class at Mar Vista Lanes designed to teach the basic fundamentals, skills and techniques used in bowling. Class is designed for beginning instruction, but all level bowlers are welcome.

**Wednesdays:** beginning Jan. 29th

**Ages:** 5-9 and 10 and up

**Cost:** \$250 for 8 sessions, game play and shoes included.

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**Cost:** \$225 for 8 sessions

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Jessica Bernal at 818.355.9178 or [Jbernal@thehelpgroup.org](mailto:Jbernal@thehelpgroup.org)

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