

REGISTER ONLINE AT WWW.ADVANCELA.ORG  

or complete this form and mail/fax your registration and payment to

The Help Group - Advance LA

13130 Burbank Blvd - Sherman Oaks, CA 91401 | PHONE 818.779.5198 | FAX 818.947.5580

Early Bird Rates through April 1

Standard Rates after April 1

Please Print

First Name _____

Last Name _____

Professional (if receiving CE's) License Number _____

Address _____

City _____

State _____ Zip Code _____

Home Phone _____

Work Phone _____

Fax _____

Email _____

FRIDAY, APRIL 26

Includes Breakfast & Lunch

PROFESSIONALS RECEIVING CEU CREDITS

Early Bird (through April 1).....\$125

Standard Rates (after April 1).....\$140

Continuing Education Category

Psychologist

MFCC/MFT

LCSW

Speech-Language Pathologist

Occupational Therapist

BCBA (please contact us for information)

PARENTS & OTHERS

Early Bird (through April 1).....\$75

Standard Rates (after April 1).....\$100

STUDENTS

Early Bird (through April 1).....\$60

Standard Rates (after April 1).....\$75

SATURDAY, APRIL 27

YOUNG ADULTS

Includes Lunch & Snacks

Early Bird (through April 1).....\$80

Standard Rates (after April 1).....\$95

**FRIDAY & SATURDAY SPECIAL
SAVE \$25!**

(1 parent Friday ticket & 1 young adult Saturday ticket)

Early Bird (through April 1).....\$130

Standard Rates (after April 1).....\$170

Make check payable to: The Help Group

Charge my: Visa MasterCard Amex

Card Number _____

Exp. Date _____ Security Code _____

Cardholder's Name (please print) _____

Signature _____

HOW DID YOU HEAR ABOUT THIS CONFERENCE?

Mailing Help Group website E-mail

Conference Posting Advance LA Website

Facebook Other _____

CONTINUING EDUCATION

According to the guidelines set forth by the accrediting organizations, to receive credits and your certificate, you **MUST SIGN IN** prior to the first session of the morning and **MUST SIGN OUT** at the conclusion of the day. 8 total credits. **NO PARTIAL CREDITS WILL BE GIVEN**

PSYCHOLOGISTS

The Help Group is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. This course is eligible for up to 8 hours of continuing education credits (provider #1444). The Help Group maintains responsibility for the program and its contents.

SPEECH PATHOLOGISTS

This course meets qualifications for up to 8 hours of continuing education credits (provider #PDP86) as required by the Speech-Language Pathology and Audiology Board.

SOCIAL WORKERS AND MFCC/MFT

The Help Group is an accredited provider for continuing education credits for LCSW and MFCC/MFT (provider #PCE940). This course meets the qualifications for up to 8 hours of continuing education credits as required by the California Board of Behavioral Sciences.

OCCUPATIONAL THERAPISTS

The Help Group is approved by The American Occupational Therapy Association, Inc. (AOTA) to assign continuing education for Occupational Therapists (provider #6193). This course is eligible for up to 8 hours of CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. The Help Group maintains responsibility for the program and its contents.

TEACHERS

Professional development hours are available.

BCBA

The Help Group is an Approved (TYPE 2) Continuing Education (ACE) provider, per the Behavior Analyst Certification Board. Our ACE Provider number is OP-12-2163. **Before registering please contact us for details on specific sessions that qualify for Type 2 and Type 3 credits.**

CONFERENCE LOCATION

American Jewish University
15600 Mulholland Drive, Los Angeles, CA 90077
COMPLIMENTARY EVENT PARKING



HOTEL ACCOMMODATIONS

For a discount please let the hotel know you are attending The Advance LA Conference

LUXE SUNSET	COURTYARD MARRIOTT
11461 Sunset Blvd. Los Angeles, CA 90049 310.476.6571 \$189 per night from April 24-26	15433 Ventura Blvd. Sherman Oaks, CA 91403 818.981.5400 \$129-\$149 per night from April 24-26

For More Information

advancela@thehelpgroup.org

818.779.5198

www.advancela.org

www.thehelpgroup.org



SCAN HERE

to access our website with your smartphone.

THE HELP GROUP'S

Advance LA in'no·vāte CONFERENCE 2013

Administrative Offices
13130 Burbank Boulevard
Sherman Oaks, CA 91401

Non-Profit Org.
U.S. POSTAGE
PAID
PERMIT NO. 718
Van Nuys, CA

THE HELP GROUP'S

Advance LA in'no·vāte CONFERENCE 2013

for parents, professionals
and young adults

Founded in 1975, The Help Group is the largest, most innovative and comprehensive nonprofit of its kind in the United States serving children with special needs related to autism spectrum disorders, learning disabilities, ADHD, developmental delays, abuse and emotional problems.



Advance LA is dedicated to providing resources, support, and training to teens and young adults with a wide range of needs including learning disabilities, Autism Spectrum Disorders, Asperger's Disorder, executive functioning difficulties, ADHD, and other social/emotional issues.

At Advance LA we offer the answer to one of the most frequently asked questions by parents of teens and young adults with special needs, "What happens next?" Our personalized program provides clients with the experiences and opportunities necessary to lead a successful adult life. We offer the much needed support in several key areas that facilitates a greater level of independence for each of our clients based on their individual needs.

Through our work, we hope to inspire personal growth and development, offer a sense of mastery and accomplishment, and allow each client to "advance" to greater levels of independence.



APRIL 26, 2013
PARENTS AND PROFESSIONALS

APRIL 27, 2013
YOUNG ADULTS

THE HELP GROUP'S

Advance LA

CONFERENCE 2013 in·no·vate

for parents, professionals
and young adults

LOCATED AT
American Jewish University
Los Angeles, California
Lower Campus

The Help Group

www.thehelpgroup.org
www.advancela.org



thing new; to re
2. to bring in
duce as a novel
in·no·vate, *v.i.t*
changes in any
innovations.
in·no·vā'tion,

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Waterson & Huth, LLP
Attorneys at Law



INNOVATE CONFERENCE

WE ARE EXCITED TO ANNOUNCE The Help Group's second annual Advance LA Conference for parents, professionals, and young adults. This year's conference, INNOVATE, will bring together experts and innovators from diverse fields to join in exploring the newest thinking on how best to support young people preparing for a successful transition to college, the workforce, and beyond. The conference will focus on the need to devise innovative, practical, and sustainable solutions to answer questions that arise during the transitioning period, a crucial time for young people who face challenges that differ from those confronting many of their peers.

DAY ONE of the conference will bring together a community of professionals and parents who will explore innovative and viable strategies to ease the transition between high school and the next step for young people with ASD, ADHD, learning differences, executive functioning challenges, and social or emotional issues.

DAY TWO will feature the first conference of its kind designed for teens and young adults. The workshop will provide attendees with the opportunity to interact with peers while learning transition skills, sparking passions, and cultivating new relationships.

ADVANCE LA

Advance LA is dedicated to providing resources, support, and training to teens and young adults with a wide range of needs including learning disabilities, Autism Spectrum Disorders, Asperger's Disorder, executive functioning difficulties, ADHD, and other social/emotional issues. Our services include:

TRANSITIONAL LIVING PROGRAM: a supported living program located on a college campus that provides young adults with experiences and opportunities to learn and practice the skills necessary to be successful in adult life.

ONE-ON-ONE COACHING: Advance LA coaches work closely with clients to help them achieve success in the community in areas such as executive functioning skills, independent living skills, employment, social connections, academics, and health and wellness.

SOCIAL CLUBS: facilitated activities designed to enhance social skills, meet people with similar interests, and develop long-lasting friendships.

Other services include workshops for young adults, parents, and professionals; parent and family coaching; and college or career planning.

FRIDAY SCHEDULE, APRIL 26

All sessions will take place on the University's Lower Campus this year.

7:00 AM-8:00 AM

REGISTRATION AND CONTINENTAL BREAKFAST

8:00 AM-8:30 AM

OPENING PROCEEDINGS

BARBARA FIRESTONE, PhD

President & CEO, The Help Group

Chair, Statewide Coordinating Council of Autism Taskforces of the Calif. Senate Select Committee on Autism & Related Disorders

SUSAN BERMAN, PhD

Chief Operating Officer, The Help Group

AMY-JANE GRIFFITHS, PhD

Director of Advance LA, The Help Group

8:30 AM-9:30 AM

KEYNOTE ADDRESS

What We Know About Helping Youth with Exceptional Needs to Flourish During and After High School: Promoting Rigor, Relevance, and Relationships

ERIK CARTER, PhD

Associate Professor of Special Education
Vanderbilt University

FRIDAY SCHEDULE

CONCURRENT SESSIONS

select one

9:40 AM-11:10 AM

1A You Fulfilled: A Fulfilling Life Doesn't Happen by Accident**DAVID FINCH**

Author of The New York Times bestseller *The Journal of Best Practices: A Memoir of Marriage, Asperger's Syndrome, and One Man's Quest to be a Better Husband*.

1B Moving On - The Role of Executive Skills in Emerging Adulthood (Part 1)**RICHARD GUARE, PhD, BCBA, WITH COLIN GUARE**

Executive Skills in Children and Adolescents and Coaching Students with Executive Skills Deficits.
Coauthors of newly-published *Smart but Scattered Teens*.

1C Your Brain on Media**DOUGLAS GENTILE, PhD**

Associate Professor, Iowa State University

Author of *Violent Video Games Effects on Children & Adolescents: Theory, Research, and Public Policy*.

1D Breaking Bad Habits: The Neuroscience and Psychology of Transforming our Lives with Mindfulness as a Foundation**ELISHA GOLDSTEIN, PhD**

Author of *The Now Effect* and *A Mindfulness-Based Stress Reduction Workbook*.

11:20 AM-12:50 PM

2A "Oh, You Needed Me to Pay Taxes?" Successful Transitions for Individuals on the Autism Spectrum**DAVID FINCH****2B Moving On - The Role of Executive Skills in Emerging Adulthood (Part 2)****RICHARD GUARE, PhD, BCBA, WITH COLIN GUARE****2C Evidence-Based Peer Support Strategies: Promoting Inclusion, Learning, and Relationships for Adolescents****ERIK CARTER, PhD****2D The Multiple Effects of Video Games****DOUGLAS GENTILE, PhD**

12:50 PM-1:50 PM

LUNCHEON PROGRAM

2:00 PM-3:30 PM

3A Strengths-Based Approaches to Improving Social Skills in Adolescents with ASD**TY VERNON, PhD, BCBA-D**

Director of Koegel Autism Assessment Clinic
University of California, Santa Barbara

3B The 5 Gifts of ADHD in the Workplace**LARA HONOS-WEBB, PhD**

Author of *The Gift of ADHD* and *Listening to Depression*.

3C "What Happens When I am no Longer Here?" A Parent's Perspective**GLEN FINLAND**

Author of *Next Stop*.

3D Innovations in Transition: Evidence-Based Approaches to Transition Planning**AMY-JANE GRIFFITHS, PhD, NCSP**

Director of Advance LA, The Help Group

3:40 PM-5:10 PM

4A From Interest to Innovation: The Micro-Enterprise Model of Employment for Young People with Special Needs**A PANEL OF EXPERTS AND ENTREPRENEURS****4B The Organization of Homework Tasks: The Best Predictor of College Success****PHILIP LEVIN, PhD**

Assistant Clinical Professor, Semel Institute for Neuroscience and Human Behavior, UCLA

Director of The Help Group-UCLA Neuropsychology Program

4C When the Sum is More Than the Parts: The Building Blocks of Emotional Well-Being**MICHAEL FURLONG, PhD**

Professor, University of California, Santa Barbara

4D Preparing to Launch: What You and Your Young Adult Need to Know**TERI SOLOCHEK, PHD**

Certified Educational Planner and Educational Consultant

SATURDAY, APRIL 27

TEENS AND YOUNG ADULTS

A conference for teens and young adults with ASD, ADHD, learning differences and social & emotional challenges

- First conference of its kind
- Experience hands-on, interactive workshops
- Build skills and increase independence
- Get inspired and develop a passion
- Make new friends
- Create a community

9:30 AM-10:00 AM

REGISTER, REVIEW SCHEDULE, MEET COACHES AND STAFF

10:00 AM-10:30 AM

KEYNOTE TALK

CONCURRENT SESSIONS

select one per time slot

10:45 AM-11:30 AM

LEARNING

- 1A Get organized!**
- 1B College Exploration and Success**
- 1C What are Your Strengths? Make Them Work for You!**
- 1D Job Hunting 101**

11:45 AM-12:30 PM

CREATING

- 2A Anime - Create Original Work**
- 2B Robotics**
- 2C Arts & Crafts**
- 2D Multi-media/Arduino**
- 2E Music Mixing**

12:30 PM-1:15 PM

LUNCH - With Entertainment

1:30 PM-2:15 PM

BEING HEALTHY

- 3A Yoga/Mindful Awareness**
- 3B Chill Out! - Skills for Managing Stress**
- 3C Achieving Lifelong Happiness**
- 3D Eating Well and Exercising**

2:30 PM-3:15 PM

MAKING FRIENDS AND HAVING FUN

- 4A Basketball**
- 4B Mind Games - Trivia and Brain Games**
- 4C Making Friends**
- 4D Ping Pong**
- 4E Music Jam**

3:15 PM-4:00 PM

GAMES, PRIZES, SNACKS AND MUSIC



The day is designed for teens & young adults to connect with their peers. There will be two parent sessions held at drop off & pick up.

P2P: Connect with other parents supporting young adults in their transition to independence.

AT DROPOFF: 10:00 AM - 11:00 AM

AT PICKUP: 2:30 PM - 3:30 PM

Please note: teens and young adults should have the necessary skills to attend this conference independently without one-to-one supervision. If you have any questions regarding this requirement please contact us at: 818-779-5198

FRIDAY, APRIL 26 PARENTS AND PROFESSIONALS

DAY 1 CONCURRENT SESSIONS

select one under each time slot

7:00 AM-8:00 AM REGISTRATION

8:00 AM-8:30 AM OPENING PROCEEDINGS

8:30 AM-9:30 AM KEYNOTE ADDRESS

9:40 AM-11:10 AM

- 1A You Fulfilled: A Fulfilling Life Doesn't Happen by Accident
- 1B Moving On - The Role of Executive Skills in Emerging Adulthood (Part 1) **This is a two part workshop.*
- 1C Your Brain on Media
- 1D Breaking Bad Habits: The Neuroscience and Psychology of Transforming our Lives with Mindfulness as a Foundation

11:20 AM-12:50 PM

- 2A "Oh, You Needed Me to Pay Taxes?" Successful Transitions for Individuals on the Autism Spectrum
- 2B Moving On - The Role of Executive Skills in Emerging Adulthood (Part 2)
- 2C Evidence-Based Peer Support Strategies: Promoting Inclusion, Learning, and Relationships for Adolescents
- 2D The Multiple Effects of Video Games

12:50 PM-1:50 PM

LUNCH

- Parents/Professionals not receiving CEUs
 - Vegetarian
 - Non-Vegetarian
- Professionals receiving CEUs
 - Vegetarian
 - Non-Vegetarian

2:00 PM-3:30 PM

- 3A Strengths-Based Approaches to Improving Social Skills in Adolescents with ASD
- 3B The 5 Gifts of ADHD in the Workplace
- 3C "What Happens When I am no Longer Here?" A Parent's Perspective
- 3D Innovations in Transition: Evidence-Based Approaches to Transition Planning

3:40 PM-5:10 PM

- 4A From Interest to Innovation: The Micro-Enterprise Model of Employment for Young People with Special Needs
- 4B The Organization of Homework Tasks: The Best Predictor of College Success
- 4C When the Sum is More Than the Parts: The Building Blocks of Emotional Well-Being
- 4D Preparing to Launch: What You and Your Young Adult Need to Know

SATURDAY, APRIL 27 YOUNG ADULTS

DAY 2 CONCURRENT SESSIONS

select one under each time slot

9:30 AM-10:00 AM REGISTER

10:00 AM-10:30 AM KEYNOTE TALK

10:45 AM-11:30 AM

WORKSHOP ONE - Learning

- 1A Get organized!
- 1B College Exploration and Success
- 1C What are Your Strengths? Make Them Work for You!
- 1D Job Hunting 101

12:45 AM-12:30 PM

WORKSHOP TWO - Creating

- 2A Anime - Create Original Work
- 2B Robotics
- 2C Arts & Crafts
- 2D Multi-media/Arduino
- 2E Music Mixing

1:30PM-2:15PM

WORKSHOP THREE - Being Healthy

- 3A Yoga/Mindful Awareness
- 3B Chill Out! - Skills For Managing Stress
- 3C Achieving Lifelong Happiness
- 3D Eating Well and Exercising

2:30 PM-3:15 PM

WORKSHOP FOUR - Making Friends & Having Fun

- 4A Basketball
- 4B Mind Games - Trivia Brain Games
- 4C Making Friends
- 4D Ping Pong
- 4E Music Jam

3:15 PM-4:00 PM GAMES, PRIZES, SNACKS AND MUSIC



SATURDAY PARENT SESSIONS

TWO SESSIONS

select one

10:00 AM - 11:00 AM

- At Drop Off

2:30 PM - 3:30 PM

- At Pick Up