

THE HELP GROUP'S ADVANCE LA

preparing young adults for a successful future

CONTACT US FOR
INFORMATION ON
ADVANCE LA
ORIENTATION MEETINGS!

The Help Group is proud to announce the launch of an exciting new program for post-high school young adults with high-functioning autism and Asperger's Disorder that is designed to facilitate a successful transition to post-secondary options.

ADVANCE LA will provide comprehensive and individually designed support services so these young adults can reach their full potential in academic and/or employment settings. With the support of a specialized life skills coach, participants will learn to effectively navigate through new experiences and environments, take healthy risks and grow emotionally, functionally and socially as they **ADVANCE** toward a greater level of independence.

LIFE SKILLS COACHING, TRAINING AND SUPPORT WILL BE PROVIDED IN SEVERAL KEY AREAS

TIME MANAGEMENT • SELF-ADVOCACY • SOCIAL SKILLS • INDEPENDENT LIVING SKILLS
MONEY MANAGEMENT • PERSONAL HYGIENE • TRANSPORTATION
DEVELOPING APPROPRIATE PEER & WORK RELATIONSHIPS

ADDITIONAL PROGRAM COMPONENTS

The Summer Intensive Course provides concentrated instruction in social skills, independent living skills and time management to assist participants in their initial transition to college or work settings. This two-week course will run from August 2nd-13th at The Help Group's Sherman Oaks campus.

Therapeutic Services include individual counseling sessions and medication support provided by credentialed clinicians.

A Recreational Social Club offers program participants leisure, enrichment and networking opportunities, as well as a sense of community with peers.

For additional information, please contact

Lee Chernotsky, ADVANCE LA

818.893.8370 • lchernotsky@thehelpgroup.org

13130 Burbank Boulevard • Sherman Oaks, California 91401