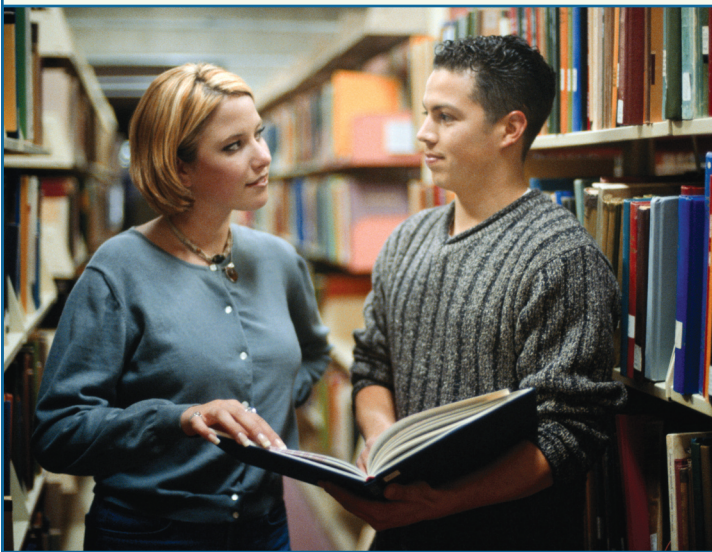


THE HELP GROUP'S **ADVANCE LA**

preparing young adults for a successful future

CONTACT US FOR
INFORMATION ON
ADVANCE LA
ORIENTATION MEETINGS!

ADVANCE LA is an exciting new program for post-high school young adults with Autism Spectrum Disorder, Asperger's Disorder, ADHD and other Learning Differences that is designed to facilitate a successful transition to post-secondary options.



ADVANCE LA provides comprehensive and individually designed support services so these young adults can reach their full potential in academic and/or employment settings. With the support of a specialized life skills coach, participants will learn to effectively navigate through new experiences and environments, take healthy risks and grow emotionally, functionally and socially as they **ADVANCE** toward a greater level of independence.

LIFE SKILLS COACHING, TRAINING AND SUPPORT WILL BE PROVIDED IN SEVERAL KEY AREAS

TIME MANAGEMENT • SELF-ADVOCACY • SOCIAL SKILLS
INDEPENDENT LIVING SKILLS • MONEY MANAGEMENT • PERSONAL HYGIENE
TRANSPORTATION • DEVELOPING APPROPRIATE PEER & WORK RELATIONSHIPS

For additional information, please contact
Lee Chernotsky, ADVANCE LA
818.779.5247 • lchernotsky@thehelpgroup.org
13130 Burbank Boulevard • Sherman Oaks, California 91401

The Help Group  www.thehelpgroup.org

www.advancela.org