



STEPS to Independence

APPLICATION

STEPS to Independence

(818) 779-5168

Program Director: Tara Reisbaum, treisbaum@thehelpgroup.org

Program Coordinator: Ngan Mork, nmork@thehelpgroup.org

PLEASE RETURN YOUR APPLICATION AND ALL DOCUMENTS TO:

The Help Group
STEPS to Independence
Ngan Mork, Program Coordinator
13130 Burbank Blvd.
Sherman Oaks, CA 91401

Please check each box to make sure the following are included. *(If not applicable, please mark N/A)*

- Completed Application
- Recent photo of applicant
- Completed Applicant Questionnaire
- Completed Parent Questionnaire
- Copy of Medi-Cal Benefits Identification / Private Health Insurance Identification Card
- Copy of Conservatorship, if applicable
- Copy of applicant's Individual Program Plan (if a Regional Center Client)
- Copy of applicant's last annual and triennial IEP or ITP, if available
- Copy of most recent psychological evaluation, such as a WISC-III/IV, WAIS-R and/or Vineland

AUTHORIZATION AND AGREEMENT

I authorize investigation of all statements contained in this Application for Admission to STEPS to Independence as may be necessary in arriving at an admission decision. In the event of admission, I understand that false or misleading information, given in the application, or in any interviews, may result in rescission of any admission. I understand also that continued admission to STEPS requires the applicant to abide by all rules and regulations of the program.

Applicant Signature

Date

Parent/Legal Guardian Signature

Date

PLEASE LIST CURRENT SERVICES BEING PROVIDED BY THE REGIONAL CENTER:
(If more space is needed, please use COMMENTS section below)

_____	_____
_____	_____
_____	_____

CONSERVATORSHIP INFORMATION:

Check here if applicant is *not* conserved.

NAME OF CONSERVATOR		DATE OF CONSERVATORSHIP	
STREET ADDRESS	CITY	STATE	ZIP
(____) _____	E-MAIL ADDRESS		
PHONE #			

EMERGENCY CONTACT INFORMATION:

NAME		RELATIONSHIP	
STREET ADDRESS	CITY	STATE	ZIP
(____) _____	(____) _____		
PHONE #	ALTERNATE PHONE #		

COMMENTS:
(Please use this section to discuss any special legal circumstances related to the applicant)

II. FAMILY INFORMATION

[] Check here if there is *no* family involvement.

MOTHER'S INFORMATION:

NAME

STREET ADDRESS (if different than applicant's)

PHONE: circle one: HOME / WORK / MOBILE

E-MAIL ADDRESS

FATHER'S INFORMATION:

NAME

STREET ADDRESS (if different than applicant's)

PHONE: circle one: HOME / WORK / MOBILE

E-MAIL ADDRESS

EMPLOYMENT INFORMATION

NAME OF EMPLOYER

JOB TITLE/POSITION

STREET ADDRESS

CITY STATE ZIP

() WORK PHONE NUMBER EXTENSION

EMPLOYMENT INFORMATION

NAME OF EMPLOYER

JOB TITLE/POSITION

STREET ADDRESS

CITY STATE ZIP

() WORK PHONE NUMBER EXTENSION

SIGNIFICANT FAMILY MEMBERS/SIBLINGS:

NAME: AGE: RELATIONSHIP:

NAME: AGE: RELATIONSHIP:

NAME: AGE: RELATIONSHIP:

OTHER HOUSEHOLD MEMBERS:

NAME: AGE: RELATIONSHIP:

NAME: AGE: RELATIONSHIP:

NAME: AGE: RELATIONSHIP:

III. MEDICAL HISTORY

NAME OF PRIMARY CARE PHYSICIAN

PHONE NUMBER

STREET ADDRESS

CITY

STATE

ZIP

DATE OF MOST RECENT PHYSICAL

Does the applicant have any chronic or serious health conditions? YES NO
If yes, please describe:

Does the applicant have any health restrictions or limitations? YES NO
If yes, please describe: _____

Does the applicant have any allergies? YES NO
If yes, please describe: _____

Is applicant currently taking any medication? YES NO
If yes, please list.*

<u>MEDICATION</u>	<u>DOSAGE/TIMES</u>	<u>PRESCRIBING DR.</u>	<u>PURPOSE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

(*if more space is needed, please use COMMENTS section on page 7)

Applicant takes medication: INDEPENDENTLY
 WITH SUPERVISION/REMINDERS
 WITH ASSISTANCE
 ONLY WHEN ADMINISTERED BY CAREGIVER

Has the applicant been hospitalized in the past 3 years? YES NO
(if yes, please explain below)

1. Reason: _____

Name of Hospital: _____ Date of Hospitalization: _____

Duration: _____

2. Reason: _____

Name of Hospital: _____ Date of Hospitalization: _____

Duration: _____

Comments:

V. HISTORY OF INTERVENTIONS:

A. Diagnosis

Has the applicant been diagnosed with a developmental or learning disability? [] YES [] NO

If yes, please specify: _____

Who diagnosed the applicant? _____
NAME AGENCY PHONE NUMBER

Date of diagnosis: _____

B. Please indicate if applicant has received or is currently receiving services in any of the following areas:

1. Speech and Language _____
NAME OF SERVICE PROVIDER PHONE NUMBER

When was applicant last assessed for these services? _____

What are the goals of this intervention? _____

2. Counseling _____
NAME OF SERVICE PROVIDER PHONE NUMBER

When was applicant last assessed for these services? _____

What are the goals of this intervention? _____

3. Occupational Therapy _____
NAME OF SERVICE PROVIDER PHONE NUMBER

When was applicant last assessed for these services? _____

What are the goals of this intervention? _____

4. Educational Therapy or Tutoring _____
NAME OF SERVICE PROVIDER PHONE NUMBER

When was applicant last assessed for these services? _____

What are the goals of this intervention? _____

Please provide any assessments completed by the professionals above or any other assessments you may have had within the past 3 years.

VI. ADDITIONAL INFORMATION:

For each question identified below, place an X in the box to the right that appropriately describes the applicant.	Often	Sometimes	Rarely	Never
1. The applicant prefers to do things with others rather than on his / her own.				
2. The applicant prefers to do things the same way over and over again.				
3. The applicant has been involved in physical fights at school/program/job site.				
4. The applicant has been suspended from school/program/work.				
5. The applicant often notices small sounds when others do not.				
6. In a social group, applicant can easily keep track of several different people’s conversations.				
7. The applicant has made inappropriate sexual statements.				
8. The applicant has engaged in inappropriate sexual activities on one or more occasions.				
9. Applicant finds social situations easy.				
10. When applicant talks, it isn’t always easy for others to get a word in edgewise.				
11. The applicant finds it hard to make new friends.				
12. It upsets the applicant if the daily routine is disturbed.				
13. The applicant finds it easy to “read between the lines” when someone is talking to me.				
14. New situations make the applicant anxious.				

Please describe any behavioral problems that have been brought to your attention by the school/program/work site staff.

VII. REFERRAL SOURCE

Please provide the following information regarding the person or organization that referred you to STEPS to Independence.

NAME	AGENCY		
STREET ADDRESS	CITY	STATE	ZIP
<hr/>			
PHONE NUMBER			

VIII. PERSONAL REFERENCES:

Please provide contact information of two professionals that know the applicant well and can provide information to assist in the development of his/her service plan. These can be previous employers, supervisors, educational or vocational staff, or clinicians.

1. _____

NAME OF PERSON	RELATIONSHIP		
STREET ADDRESS	CITY	STATE	ZIP
(_____) _____	E-MAIL ADDRESS		
PHONE NUMBER			

2. _____

NAME OF PERSON	RELATIONSHIP		
STREET ADDRESS	CITY	STATE	ZIP
(_____) _____	E-MAIL ADDRESS		
PHONE NUMBER			