

NEW

AFTER SCHOOL ENRICHMENT

Kids Like Me is launching a brand new after school program this fall!

Get ready for a fun-filled season with enriching activities like **dance, art, cooking, coding, and more!**

This program is designed to encourage friendships, build social skills, and spark a love for learning new things, all in a supportive and inclusive environment!

Save 10%
when you
add a second
class

Program Features

- ✓ **Sept. 29—Nov. 30**
- ✓ **Sherman Oaks Campus**
- ✓ **Ages 6–17**
- ✓ **Siblings & Friends Welcome!**

Programs Offered

Sunshine (Moderate Needs)

Tailored for young adults with more intensive support needs
Engage in art, cooking, music, friendship-building, and essential life skills training

Adventurers (Low Needs)

Ideal for children who are able to engage with minimal guidance and support

Sports Academy

This program is ideal for individuals with moderate to low supports needs who can participate in group sports with minimal assistance

Course Descriptions

All enrichment courses will work toward a special end-of-session showcase, where students will have the opportunity to present what they've learned and created. Families will be invited to attend and celebrate their children's growth, creativity, and accomplishments over the eight weeks.



ART CLUB

Let your child explore their creativity through painting, drawing, and sculpture in a fun, supportive setting. This class encourages self-expression, builds fine motor skills, and sparks imagination. Over the 8-week session, students will also create a special project to showcase at a mini art exhibit during the final week!



ANIMAL INVASION:

Calling all aspiring animal enthusiasts! In Animal Invasion, young explorers get hands-on experience with the real stars of the animal kingdom. Guided by Parker-Anderson Enrichment, this dynamic class invites children to see, touch, and learn from live creatures—including reptiles, amphibians, mammals, birds, insects, and more.



EXPRESSIVE DANCE

Get ready to move and groove in this high-energy dance class led by Straight Up Abilities! Each week, students will learn fun choreography, build coordination, and express themselves through music and movement in a supportive and engaging environment. Over the 8-week session, dancers will work toward a special performance to showcase their hard work and creativity at the end of the program.



MUSIC & MOVEMENT

Sing, dance, and play in this fun and interactive Music & Movement class! Each week, students will explore rhythm, melody, and creative movement through songs, instruments, and games designed to support self-expression, body awareness, and social engagement. This class helps build coordination, listening skills, and confidence, while having a great time through music and motion!



DRAMA RAMA:

In this dynamic drama class, students will explore the world of performance through games, improvisation, character building, and short scenes. They'll build confidence, creativity, and teamwork as they learn the basics of acting and stage presence. Throughout the eight weeks, students will work together on a special performance piece to be featured in our end-of-session showcase for families to enjoy.



GAME DESIGN:

Get ready to create your own digital worlds! In this exciting course, students will learn the fundamentals of game design by building their own interactive games from the ground up. Using kid-friendly software, they'll explore key concepts like storytelling, character development, animation, and basic coding. Along the way, students will sharpen their creativity, problem-solving, and collaboration skills—all while turning their awesome ideas into playable games!



COOKING:

Young chefs will get hands-on in the kitchen as they learn the basics of cooking, kitchen safety, and nutrition. Each week, students will follow simple recipes, explore different ingredients, and build confidence by preparing a variety of tasty snacks and meals. This fun and interactive class encourages creativity, teamwork, and a love for food!



ANIME & COMIC BOOK CREATIONS:

Unleash your imagination and bring your stories to life in this exciting class all about creating your own anime and comic books! Learn how to design cool characters, craft captivating storylines, and master the art of drawing dynamic panels and expressions. Whether you're a beginner or an aspiring artist, you'll develop your drawing skills and storytelling talents while creating your very own comic worlds. Get ready to dive into a colorful adventure where your creativity takes center stage!



FASHION DESIGN STUDIO:

In this hands-on fashion design course, students will explore their creativity by redesigning and repurposing clothing. They'll learn essential skills such as sewing, cutting, hemming, and designing their own unique pieces. By the end of the course, each student will have the chance to showcase their personalized creations and express their individual style!

Sports Academy

Get ready to move, play, and grow with our brand-new Sports Academy! This exciting program is perfect for kids who love to be active and want to build their skills while having fun.

BASKETBALL SKILLS & DRILLS:

Our Basketball Class will focus on teaching the fundamentals—like dribbling, passing, shooting, and teamwork—all while helping players build confidence on and off the court. Whether you're new to the game or looking to sharpen your skills, this class is all about learning, playing, and working together as a team.

FITNESS:

Get ready to move, sweat, and feel strong! In this energetic fitness class, kids will participate in fun workout routines that build strength, endurance, and flexibility. From cardio circuits to bodyweight exercises, every session is designed to keep them active, motivated, and feeling great! Participants will have the opportunity to prepare for and, if they wish, participate in the Autism Speaks 5K Run!

Schedule of Classes

AGES: 6-12	MON.	TUES.	WED.	THURS.
SUNSHINE	Cooking	Expressive Dance	Animal Invasion	Music & Movement
ADVENTURERS	Drama Rama	Lego Robotics	Anime Cartoon Comic Book Creation	Expressive Dance

AGES: 13-17	MON.	TUES.	WED.	THURS.
SUNSHINE	Cooking	Expressive Dance	Art Club	Music & Movement
ADVENTURERS	Game Design	Fashion Design Studio	Anime Cartoon Comic Book Creation	Expressive Dance

ALL AGES	MON.	TUES.	WED.	THURS.
SPORTS ACADEMY	Basketball	Fitness	Basketball	Fitness

Dates: September 29 – November 20 (8-week course)

Location: Sherman Oaks Campus

Time: 3:15pm-4pm (Before Care)

**Before care is available for no additional cost for all Kids Like Me Enrichment and Sports Academy participants*

4pm-5:15pm (Enrichment Course/Sports Academy)

Fees: SDP Funding Accepted, Ask Your Regional Center Coordinator About Payment Options!

Enrichment Courses \$275 each

(Save 10% when you add a second class)

Sports Academy

Fitness - **\$150**

Basketball - **\$150**

Bundle Both for - **\$200(save \$100)**

** Fees are for full 8 weeks*

Scan QR Code
to Apply



PARENTS LIKE ME SUPPORT GROUPS!

We are excited to offer two parent support groups tailored to different age groups for parents and caregivers of neurodivergent kids and teens. Each group will meet twice a month—once in person during enrichment hours (with coffee, snacks, and great conversation!) and once virtually. These sessions provide a welcoming space to connect, share experiences, and access helpful resources. Contact us for more details!

Have questions?

email us at kidslikeme@thehelpgroup.org