




REACH

Provides a therapeutic, creative and enriching environment for children, ages 5 to 12, who require daily intervention for social, emotional, and behavioral challenges to help them to overcome barriers to appropriate socialization.



The Help Group  because every child deserves a great future

Founded in 1975, The Help Group is the largest, most innovative and comprehensive nonprofit of its kind in the United States serving children, adolescents and young adults with special needs related to autism spectrum disorder, learning disabilities, ADHD, developmental delays, abuse and emotional problems.

The Help Group's ten specialized day schools offer pre-K through high school programs for more than 1,600 students. Its broad range of mental health and therapy services, child abuse and residential programs extends its reach to more than 6,000 children and their families each year. With more than 950 staff members, The Help Group's state-of-the-art schools and programs are located on six campuses in the Los Angeles area.

The Help Group is widely regarded for its high standards of excellence, unique scope and breadth of services. Through its public awareness, professional training and parent education programs and efforts at the state and national levels, The Help Group touches the lives of children with special needs across the country and in other parts of the world.

At the heart of its efforts is the commitment to helping young people fulfill their potential to lead positive, productive and rewarding lives.

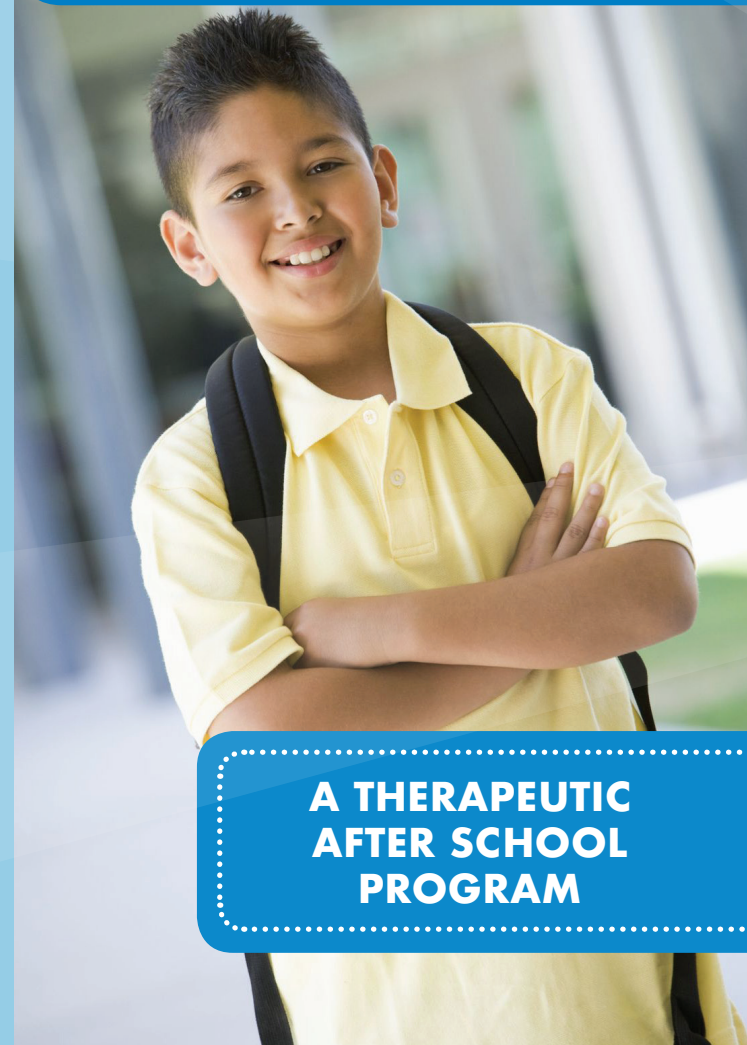
15330 Saticoy Street - Van Nuys, CA 91406
Phone 877.943.5747 | Fax 818.988.2392

www.thehelpgroup.org

A Program of
The Help Group 

REACH

**Recreation, Enrichment
Athletics, Counseling and Health**



**A THERAPEUTIC
AFTER SCHOOL
PROGRAM**

CHILDREN LIKELY TO BENEFIT FROM THE PROGRAM INCLUDE, BUT ARE NOT LIMITED TO, THOSE WITH:

- Severe temper tantrums, defiance, aggression, hyperactivity, poor impulse control, depression, anxiety, withdrawal, and/or poor social skills
- Post-traumatic stress related to abandonment, abuse, neglect, witnessing domestic violence, and/or other trauma



PROGRAM ELIGIBILITY
THE CHILD MUST...

- Have full-scope Medi-Cal insurance
- Have prior mental health services
- Demonstrate social, emotional and/or behavioral difficulties that affect their day to day functioning
- Have a parent/caregiver able and willing to actively participate in treatment.



REACH (Recreation, Enrichment, Athletics, Counseling and Health) is a unique after-school mental health program. Our creative and dedicated staff work to inspire the children through diverse therapeutic group activities driven by the interests of the children such as sports, arts & crafts, motivational incentives, leadership opportunities, and team building exercises. REACH works to help children enhance their strengths to improve their overall social functioning by reinforcing positive behaviors to help them foster appropriate and effective communication. To accomplish these goals REACH offers the following:

- Structured daily schedule Monday – Friday
- Small class size and high staff to student ratio
- Dedicated staff
- Spanish speaking therapists and staff
- Individual, Group, and Family Therapy
- Parent Training and Support Groups
- Psychiatric Services/ Medication management
- Transportation may be available

For further information or to begin the referral process please contact
Jasmina Sarres, LCSW, REACH Program Coordinator | 818-267-2641 | jsarres@thehelpgroup.org