

Advances and Best Practices in AUTISM - LEARNING DISABILITIES - ADHD

# Friday, October 1st & Saturday, October 2nd Skirball Cultural Center, Los Angeles









# SUMMIT CHAIRS

Barbara Firestone, PhD
Peter C. Whybrow, MD - Robert M. Bilder, PhD

#### **PRESENTERS**

David G. Amaral, PhD
Linda Andron-Ostrow, LCSW
Bruce L. Baker, PhD
Jan Blacher, PhD
Deborah E. Budding, PhD
Michael G. Chez, MD
Dana Chidekel, PhD
Pamela Clark, MA
Pamela J. Crooke, PhD, CCC-SLP
Marcos Di Pinto, PhD
Jack M. Fletcher, PhD

Alexander Gantman, PsyD
Peter F. Gerhardt, EdD
Irva Hertz-Picciotto, PhD
Jodi Johnson, MA
Connie Kasari, PhD
Elizabeth Laugeson, PsyD
Philip Levin, PhD
Pat R. Levitt, PhD
Sandra K. Loo, PhD
Maja J. Mataric', PhD

David Miklowitz, PhD
Julie Mosk Morris, PhD
Derek A. Ott, MD
Ricki G. Robinson, MD
Edward Roth, PhD
Fred W. Sabb, PhD
Jonathan Sebat, PhD
Judy Van de Water, PhD
Bina Varughese, MS
Louis Vismara, MD
Jeffrey Wood, PhD

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www.thehelpgroup.org

#### SUMMIT CHAIRS

#### Barbara Firestone, PhD

President & CEO, The Help Group
Chair, Statewide Coordinating Council of Autism Taskforces of the
Calif. Senate Select Committee on Autism & Related Disorders

#### Peter C. Whybrow, MD

Director, Semel Institute for Neuroscience and Human Behavior, Judson Braun Distinguished Professor & Exec. Chair, David Geffen School of Medicine at UCLA

# Robert M. Bilder, PhD

Chief, Medical Psychology-Neuropsychology, Semel Insitute for Neuroscience and Human Behavior, Michael E. Tennenbaum Family Professor of Psychiatry & Biobehavioral Sciences and Professor of Psychology, UCLA

#### PRESENTERS

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Distinguished Professor, Department of Psychiatry and Behavioral Sciences, Director of Research, UC Davis M.I.N.D. Institute

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Private Practice

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# Bina Varughese, MS

Coordinator of Educational Services, Summit View School

# Louis Vismara, MD

Policy Consultant, Senator Darrell Steinberg Board of Directors, UC Davis M.I.N.D. Institute

# Jeffrey Wood, PhD\*

Assistant Professor, Psychological Studies in Education, UCLA

<sup>\*</sup> Member, The Help Group - UCLA Autism Research Alliance

#### SESSION SCHEDULES

# FRIDAY, OCTOBER 1, 2010

7:00 AM - 8:00 AM

Registration & Continental Breakfast

MORNING PROGRAM

8:00 AM - 8:30 AM

**Opening Proceedings** 

Concurrent Sessions 8:30 AM - 9:45 AM

**1A** – **Updates on the Causes of the Autism** David G. Amaral, PhD, Irva Hertz-Picciotto, PhD, Jonathan Sebat, PhD, Judy Van de Water, PhD

1B – Dyslexia: The Evolution of a Scientific Concept Jack M. Fletcher, PhD

1C - Social Thinking: Practical Strategies & Recent Research Advances for Individuals with Social Learning Issues Pamela J. Crooke, PhD, CCC-SLP

9:45 AM - 11:00 AM

2A – Updates on the Causes of the Autism (cont.)
David G. Amaral, PhD, Irva Hertz-Picciotto, PhD,
Jonathan Sebat, PhD, Judy Van de Water, PhD

2B - Developmental Trajectories in ADHD Sandra Loo, PhD

2C – Innovative Technologies for Human-Robot Interaction with Children with Autism Maja J. Mataric', PhD with David Feil-Seifer, Advanced Student

11:00 AM - 11:15 AM - Break

11:15 AM - 12:30 PM

3A – Updates on the Causes of the Autism (cont.) David G. Amaral, PhD, Irva Hertz-Picciotto, PhD, Jonathan Sebat, PhD, Judy Van de Water, PhD

> 3B – Bipolar Disorder in Youth: Learning to Cope as a Family David Miklowitz, PhD

12:30 PM - 1:30 PM LUNCHEON ~ AHMANSON BALLROOM

1:30 PM - 2:45 PM

4A – Evidence & Promising New Trends in Early Intervention Connie Kasari, PhD

4B – Harnessing the Power of the Internet to Advance Diagnosis and Treatments of Neurodevelopental Disorders Fred W. Sabb, PhD

2:45 PM - 4:00 PM

5A – Addressing Heterogeneity of the Autisms: The Brain-Gut Connection Pat R. Levitt. PhD 5B – Predictors of Success of Students with Learning Disabilities in Post-Secondary Education Philip Levin, PhD

5C – Applied Research for Youth with Autism Spectrum Disorders:
The Help Group – UCLA Autism Research Alliance
Elizabeth Laugeson, PsyD, Bruce L. Baker PhD
Jan Blacher, PhD, Connie Kasari, PhD, Jeffrey Wood, PhD

4:00 PM - 4:15 PM - Break

4:15 PM - 5:30 PM

6A – Using Developmental Approaches to Address Anxiety Issues in Children with ASD Ricki G. Robinson MD

6B - How to Help Students with Asperger's, ADHD and LD Succeed in a University Setting Jodi Johnson, MA, Philip Levin, PhD, Julie Mosk Morris, PhD Edward Roth, PhD, Bina Varughese, MS

6C – The Aging Out Process for Students with ASD: A Leap into the Great Unknown Linda Andron-Ostrow, LCSW, Pamela Clark, MA

Linda Andron-Ostrow, LCSW, Pamela Clark, Ma Peter F. Gerhardt, EdD, Louis Vismara, MD

SATURDAY, OCTOBER 2, 2010

8:00 AM - 8:30 AM

**Registration & Continental Breakfast** 

MORNING PROGRAM

Concurrent Sessions

8:30 AM - 9:45 AM

1A - Current & Future Medical Management Issues in Autism
Michael G. Chez, MD

**1B – Learning Disorders: Beyond the Verbal/Nonverbal Divide**Deborah E. Budding, PhD, Dana Chidekel, PhD

9:45 AM - 11:00 AM

2A – Evidence-based Practice Leading to Improved Quality of Life for Adolescents & Adults with Autism

Peter F. Gerhardt, EdD

2B – Psychopharmacological Approaches to the Treatment of Children & Adolescents with Autism & ADHD

Derek A. Ott, MD

11:00 AM - 11:15 AM - Break

11:15 AM - 12:30 PM

3A – Sexuality & Sexuality Education for Adolescents & Adults with Autism Peter F. Gerhardt, EdD

3B – Effective Strategies to Help Children with ADHD Succeed in School Marcos Di Pinto, PhD

#### CONTINUING EDUCATION

According to the guidelines set forth by the accrediting organizations, to receive credits for each day and your certificate for each day, you MUST SIGN IN prior to the first session of the morning and MUST SIGN OUT at the conclusion of the daily program. Friday session: 8 credits; Saturday session: 4 credits; combined sessions: 12 credits.

NO PARTIAL CREDITS WILL BE GIVEN.

PSYCHOLOGISTS The Help Group is approved by the AMERICAN AMERICAN American Psychological Association (APA) to sponsor continuing education for psychologists. This course is eligible for up to 12 hours of continuing education credits (provider #1444). The Help Group maintains responsibility for the program and its content.

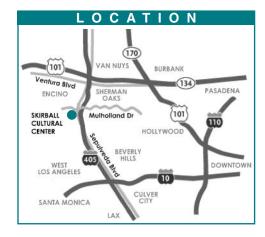
SPEECH PATHOLOGISTS This course has been approved for up to 12 hours of continuing education credits (provider #PDP86) by the Speech-Language Pathology and Audiology Board.

**SOCIAL WORKERS AND MFCC/MFT** The Help Group is an accredited provider for continuing education credits for LCSWs and MFCC/MFT (provider #PCE940). This course meets the qualifications for up to 12 hours of continuing education credits as required by the California Board of Behavioral Sciences.

The American Occupational Therapy approved by The American Occupational Therapy Association, Inc. (AOTA) to assign continuing education for Occupational Therapists (provider #6193). This course is eligible for up to 12 hours of CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. The Help Group maintains responsibility for the program and its content.

**TEACHERS** Professional development hours are available.

**REGISTERED NURSES** This course has been approved for up to 12 hours of continuing education credits by the California Board of Registered Nursing (provider #13137).



# Skirball Cultural Center

2701 N. Sepulveda Boulevard - Los Angeles, CA 90049

Complimentary Event Parking

#### REGISTRATION

Please complete both sides of this form and mail/fax your registration and payment to:

The Help Group Summit

13130 Burbank Blvd ~ Sherman Oaks, CA 91401

PHONE 818.779.5212 - FAX 818.988.4089

# Registration available online at www.thehelpgroup.org

Deadline: September 27, 2010
After September 27th the price increases 15%

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Refunds will be made if a written request is received by September 27, 2010. Registration fees will be refunded less a \$25.00 processing charge. No refunds will be made after September 27, 2010.

Security Code

Signature

# SESSION SELECTIONS

Please complete both sides of this portion and submit with your payment

# FRIDAY, OCTOBER 1, 2010

CONCURRENT SESSIONS (select one)

#### 8:30 AM - 9:45 AM

- 1A -Updates on the Causes of the Autism
- □ 1B -Dyslexia: The Evolution of a Scientific Concept
- □ 1C -Social Thinking: Practical Strategies & Recent Research Advances for Individuals with Social Learning Issues

#### 9:45 AM - 11:00 AM

- □ 2A -Updates on the Causes of the Autism (cont.)
- ☐ 2B -Developmental Trajectories in ADHD
- 2C -Innovative Technologies for Human-Robot Interaction with Children with Autism

#### 11:15 AM - 12:30 PM

- □ 3A -Updates on the Causes of the Autism (cont.)
- □ 3B -Bipolar Disorder in Youth- Learning to Cope as a Family

#### 1:30 PM - 2:45 PM

- 4A -Evidence & Promising New Trends in Early Intervention
- 4B -Harnessing the Power of the Internet to Advance Diagnosis and Treatments of Neurodevelopental Disorders

#### 2:45 PM - 4:00 PM

- □ 5A -Addressing Heterogeneity of the Autisms: The Brain-Gut Connection
- □ 5B -Predictors of Success of Students with Learning Disabilities in Post-Secondary Education
- □ 5C -Applied Research for Youth with Autism Spectrum Disorders:

  The Help Group UCLA Autism Research Alliance

#### 4:15 PM - 5:30 PM

- 6A -Using Developmental Approaches to Address Anxiety Issues in Children with ASD
- □ 6B -How to Help Students with Asperger's, ADHD and LD Succeed in a University Setting
- □ 6C -The Aging Out Process for Students with ASD: A Leap into the Great Unknown

#### SATURDAY, OCTOBER 2, 2010

**CONCURRENT SESSIONS (select one)** 

#### 8:30 AM - 9:45 AM

- □ 1A -Current & Future Medical Management Issues in Autism
- □ 1B -Learning Disorders: Beyond the Verbal/Nonverbal Divide

#### 9:45 AM - 11:00 AM

- 2A -Evidence-based Practice Leading to Improved Quality of Life for Adolescents & Adults with Autism
- 2B -Psychopharmacological Approaches to the Treatment of Children & Adolescents with Autism & ADHD

#### 11:15 AM - 12:30 PM

- □ 3A -Sexuality & Sexuality Education for Adolescents & Adults with Autism
- □ 3B -Effective Strategies to Help Children with ADHD Succeed in School

#### HOW DID YOU HEAR ABOUT THIS CONFERENCE?

□ Mailing□ Help Group Web site□ E-mail□ Conference Posting□ Other

# HOTEL ACCOMMODATIONS

# **COURTYARD MARRIOTT**

15433 Ventura Blvd. ~ Sherman Oaks, California 91403

> For Reservations, call 1-800-228-9290 Group Code THGTHGA

# The Help Group's Schools & Programs for Autism Spectrum Disorders, Learning Disabilities & ADHD

#### SCHOOLS

Village Glen School serves children with social and communicative disabilities, including Asperger's Disorder, high-functioning autism and nonverbal learning disabilities. It offers a unique, individualized education with an emphasis on social skills in a nurturing, therapeutic environment. The Pace Program is available for gifted students. The Beacon Program educates students with behavioral challenges. Village Glen Commons, a therapeutic boarding program, is designed for adolescents with Asperger's Disorder or high-functioning autism.

**Bridgeport School** integrates an academic curriculum with hands-on life skills training and vocational services for students with mild cognitive delays and challenges in the areas of social communication and/or language development. The **Bridgeport Transition Program** prepares students ages 18 through 22 to transition from the school environment to young adulthood by fostering vocational and independent living skills.

Sunrise School for Autism & Developmental Disabilities is dedicated to promoting communicative, behavioral, social, academic, motor, adaptive and independent living skills. These comprehensive programs enable all students to maximize their potential.

Young Learners Preschool for Autism is designed for children with autism spectrum disorders (ASD) and other social, communication and developmental delays. This program assesses the nature and degree of the challenges each child is confronting and fosters early development through an interdisciplinary approach.

**Summit View School** fosters the fullest potential of students with specific learning disabilities. In this dynamic environment, students build their academic skills and experience the educational process as positive and rewarding.

**Coldwater Canyon Prep** offers a comprehensive academic and therapeutic curriculum in a highly specialized day school setting for students with specific learning disabilities and accompanying social-emotional needs.

Pacific Schools comprise two unique educational and therapeutic day school programs. Harbor School West serves students with issues related to mood disorders, lack of motivation and withdrawal. In this environment students can feel safe to be themselves. Pacific Ridge addresses the educational needs of students with emotional and behavioral challenges.

# PROGRAMS

The Help Group Center for Autism Spectrum Disorders provides multidisciplinary assessment, consultation, intervention and family support. This center offers seminars for parents and professionals and promotes public awareness of ASD. Kids Like Me provides a wide array of ASD after-school, weekend and summer programs including day camps, social skills groups and enrichment classes. Camp Discovery is an outdoor day camp for children with mild to moderate special needs.

The Help Group - UCLA Autism Research Alliance and The Help Group - UCLA Neuropsychology Program are innovative partnerships of The Help Group and the UCLA Semel Institute. The Autism Research Alliance is dedicated to enhancing and expanding clinical research into ASD education and treatment and to contributing to the development and use of best practice models by educators and clinicians. The Neuropsychology Program provides assessments and consultations, and enriches the field of knowledge through its research and educational endeavors.

**ADVANCE LA** provides comprehensive and individually designed support services to help post high-school young adults with ASD reach their full potential in academic and/or employment settings.



13130 Burbank Boulevard Sherman Oaks, California 91401 Non-Profit Org. U.S. POSTAGE PAID PERMIT NO. 718 Van Nuys, CA



Founded in 1975, The Help Group is the largest, most innovative and comprehensive nonprofit of its kind in the United States serving children with special needs related to autism spectrum disorders, learning disabilities, ADHD, mental retardation, abuse and emotional problems.

The Help Group's seven specialized day schools offer pre-K through high school programs for more than 1,300 students. The Help Group's wide range of mental health and therapy services, child abuse and residential programs extends its reach to more than 6,000 children and their families each year. With more than 800 staff members, The Help Group's state-of-the-art schools and programs are located on four major campuses in the Los Angeles area.

The Help Group is highly regarded for its high standards of excellence, unique scope and breadth of services. Through its public awareness, professional training and parent education programs and efforts at the state and national levels, The Help Group touches the lives of children with special needs across the country and in other parts of the world.

At the heart of its effort is the commitment to helping young people fulfill their potential to lead positive, productive and rewarding lives.

# THE HELP GROUP'S NEW AUTISM CENTER OPENING FALL 2010

EDUCATION • RESEARCH • OUTREACH PARENT & PROFESSIONAL TRAINING

